

**Abbotsford**

# **CHILD CARE RESOURCE & REFERRAL**

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**Training Calendar**

**April - June 2022**



**April - June 2022**

# PLEASE NOTE

## **Training certificates**

Training certificates will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, stay for the entire session and have your video on (if online). If you have not received your certificate after 5 business days, please call us. If you require a copy of your certificate after 30 days of the workshop you will incur a \$10 reissuing charge.

## **Late Arrivals**

Late arrivals of more than 15 minutes will not be admitted to the workshop.

## **Registration/Payment**

Prepayment is required for all workshops.

## **Online Registration**

Online registration is available on our website ([www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)). When you register for workshops online it will keep a record of all your upcoming and past workshops.

## **In Person Registration**

Credit card payment can be taken over the phone. Debit and credit payments are taken in office.

## **Methods of payment**

Credit (Visa or MasterCard), debit, cash, or cheque (payable to Archway Community Services).

## **Workshop cancellations (regular workshops)**

Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we will issue a refund.

## **Course cancellations (First Aid and Responsible Adult)**

Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.

## **Workshop location (In Person)**

Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.

## **Workshop location (Online)**

Online workshops will be held via Zoom. You do not need to make an account for Zoom, as we will send you a link to the workshop. You will need a laptop, computer or smart phone with access to internet, video and audio. We require your video to stay on for the entire workshop to receive your certificate.

### **Phone**

604-850-7934

### **Email**

[ccrr@archway.ca](mailto:ccrr@archway.ca)

### **Office Hours**

Monday to Friday | 8:30 am - 4:30 pm

Tuesday | 8:30 am - 7:00 pm

Saturday | 8:30 am - 3:30 pm

### **Cost**

\$10 Members, \$15 Non-members

### **CCRR Office**

#1B - 33820 South Fraser Way

Abbotsford, V2S 2C5

### **Archway Community Services**

2420 Montrose Ave.

Abbotsford, V2S 3S9

**April - June 2022**

# IN PERSON COVID-19 PRECAUTIONS

## **What to expect when you arrive**

- Before admittance to class a self-assessment questionnaire will be done with a CCRR staff member.
- All participants/instructors must sanitize their hands upon entry to the building.
- We ask that you arrive no more than 15-minutes early.
- Masks are mandatory unless otherwise stated.
- CCRR and Archway will comply with all Public Health orders.

## **First Aid Course**

- All non-disposable equipment and mannequins used during the class will have been cleaned and sanitized prior to the student use according to manufactures directions.
- All surfaces in the classroom will have been cleaned prior to the start of each training session.
- In person training classes will be a limited number to accommodate classroom size and meet physical distancing requirements.
- Please bring your own food and beverages for the day.

## **Responsible Adult Course**

- In person training classes will be a limited number to accommodate classroom size and meet physical distancing requirements.
- All surfaces in the classroom will have been cleaned prior to the start of each training session.
- All participants must maintain a physical distance of at least two meters from other people during training.
- Hand hygiene should be performed at the beginning and end of the class, before and after breaks and after use of the restroom.
- Please bring your own bag lunch and beverages for the day. There is no access to a refrigerator or microwave.

# WORKSHOP LIST

- Supporting Infant and Childhood Mental Wellness
- Queer Competency Training
- Mindful Transitions for Calm Classrooms
- Indigenous Worldview
- Alert Emergency Childcare First Aid CPR C
- Community of Practice **\*\*CANCELLED\*\***
- Normal and Atypical Communication Development
- Autism 102 - Autism in the 21st Century - Taking Away the Fear!
- ADHD: Classroom Supports
- 20 Hour Responsible Adult Course
- Alert Emergency Childcare First Aid CPR C
- Environment as the Third Teacher
- Puppets and Empathy
- Deconstructing Circle Time
- Self-Care through Yoga
- Alert Emergency Childcare First Aid CPR C
- Functions of Behaviour: Reducing the Unexpected

## Workshop 1

# SUPPORTING INFANT AND CHILDHOOD MENTAL WELLNESS

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According to Thomas Boyce (2019), the author of the 'The Dandelion and the Orchid: Why Some Children Struggle and how all can Thrive,' highly reactive orchid children are sensitive to their environment and are at a higher risk of being misunderstood. There will be many factors about children that are unknown to us as educators; however, in the time we work with children we can create environments that support resilience or negatively impact already sensitive children. Participants will be presented with information on stress, adversity, and trauma and will learn about the observable qualities of relationship building and co-regulation as a foundation for compassionate, and trauma-informed care.

**Presenter:** Ana Valle Rivera is a parent, a children's book author and the founder of Early Years Workshops & Training. Ana has many aspirations but her current focus is to inspire positive change in the early year's field through sharing a vision of social wellness and social justice for all.

**Date:** Saturday April 9, 2022

**Time:** 9:30 am - 12:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom

## Workshop 2

# QUEER COMPETENCY TRAINING

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Queer Competency Training (QCT) is an interactive, engaging workshop to help expand people's views on gender and sexuality, deepening their understanding of diversity and inclusion that help make their workplaces more inclusive and safe for Queer, Trans, and Two-Spirit clients and staff.

**Presenter:** Pronouns: She/her

Rana Nu is the Specialist, Education & Training at QMUNITY since 2018. Over more than 14 years she worked on creating and holding safe spaces for contentious conversations and conflict resolution. She is a social activist for diversity, inclusion and human rights. She has built a strong career in civil society empowerment, peace building, conflict resolution, restorative justice, and community engagement. Through these programs, she has helped to bridge the gap between people from different political affiliations, ethnicity's, beliefs, backgrounds, and increased their ability to lead the change they want to see in their societies, circles, and workplaces.

**Date:** Tuesday April 12, 2022

**Time:** 6:00 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom

## Workshop 3

# MINDFUL TRANSITIONS FOR CALM CLASSROOMS

This dynamic workshop offers Educators the knowledge, skills and tools to create a calm classroom using mindfulness for kids. Learn transition techniques to support children throughout the day in a variety of ways such as in the lineup, coming inside after outdoor activities or during an excessively high energy time. Attendees will be introduced to The Mindful Corner, a hands-on self regulation station where children can use calming tools such as breathing, movement and mindfulness independently when they are dealing with big feelings. Come join us for this interactive workshop on how to use Mindful transitions to create your own calm classroom.

**Presenter:** Jennie Abbot is the Founder Harmony Kids Yoga & Mindfulness Company, creator of YogaBREAK for Classrooms, and Educator Workshops. (RYT200) (CYA-CYT) Partners with Institute of Child Psychology, Color Me Yoga, a Rainbow Kids Yoga Certified Instructor, Yoga for Special Needs, Safe Anatomy, Trauma Informed Yoga for Children & Youth, Dr. Dan Siegel Mindfulness Training, MBSR training Center for Mindfulness. Jennie has worked for over 20 years bringing peace to children through yoga and mindfulness.

**Date:** Saturday April 23, 2022

**Time:** 9:30 am - 11:30 am

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom



## Workshop 4

# INDIGENOUS WORLDVIEW

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Past: Where were the indigenous people? What did childcare look like?

Present: What can you do? How to encourage more indigenous people to work in your centre indoors and outdoors?

Future: What will our centres look like in the coming years, days and months?

This is a full workshop filled with videos and a time for you to explore what an inclusive centre looks like. Come with an open mind as there is lots to learn.

**Presenter:** Jennie Roberts is Ojibway but identifies as Stó:lō Xwelxwelmexw and resides on Tzeachten First Nation. She is the mother of 10 children and a proud grandma and great grandma. She graduated from the University of the Fraser Valley in Early Childhood Education with a Special Needs Diploma. Jennie graduated with a certificate from Northern Lights College in Early Childhood and Care and holds a Speech & Language Assistant Certificate from Seabird College.

**Date:** Tuesday April 26, 2022

**Time:** 6:30 pm - 8:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom



## Workshop 5

# ALERT EMERGENCY CHILDCARE FIRST AID CPR C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practising with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Instructor:** Austin Crystal has been working at Alert First Aid for 4+ years. He's a Canadian Red Cross First Aid and CPR Instructor, and a WorkSafeBC OFA Level 1 Instructor.

**Date:** Saturday April 30, 2022

**Time:** 8:30 am - 4:30 pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

## Workshop 6

# COMMUNITY OF PRACTICE

**\*\* CANCELLED \*\***

Abbotsford CCRR offers a monthly networking opportunity for educators and child care providers. This is an opportunity to support each other, find new ideas and create connections within the community. CCRR consultants will facilitate the group, offering ideas and resources, as well as giving opportunity to highlight specific challenges and opportunities in the field. This is a one hour virtual drop-in program. Please sign up one week in advance. Ongoing registration and a commitment to building relationships in the Abbotsford ECE community is encouraged.

**Presenters:** Wanda Cole & Cathy LaHaise, Child Care Consultants at Abbotsford CCRR

**Date:** Saturdays, April 30, May 28 & June 25, 2022

**Time:** 10:30 am - 11:30 am

**Cost:** Free

**Location:** Online via Zoom

## Workshop 7

# NORMAL AND ATYPICAL COMMUNICATION DEVELOPMENT

This workshop will review normal and atypical speech-language and communication development in the preschool population. Particular emphasis will be placed on:

- Communication milestones
- Autism spectrum disorder
- Stuttering and voice
- Bilingual and multilingual language development
- Where and how to access services
- Strategies to facilitate language development

**Presenter:** Shari Linde is the director of Advantage Speech-Language Pathology in Richmond, a practice with over 20 speech-language pathologists and numerous assistants and volunteers. Therapists see clients in the clinic, over teletherapy, in private homes, and in care facilities. Shari has been a SLP for more than 27 years. She is on the Registry of Autism Service Providers, and is currently serving as the Chair of Speech-Language and Audiology Canada.

**Date:** Tuesday May 3, 2022

**Time:** 7:00 pm - 9:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom



## Workshop 8

# AUTISM 102 – AUTISM IN THE 21ST CENTURY – TAKING AWAY THE FEAR!

Many of you may have attended the Autism 101 workshop on December 4, 2021. This presentation will be a continuation and a deeper look at some of the concepts introduced then. Please know there will be a brief summary so feel free to attend even if you missed the first workshop. We will look further into how to build trusting, safe relationships and how to understand what their body movement 'behaviours' might be communicating.

**Presenter:** Pam Collins very proudly identifies as a neurodivergent and has two adult neurodivergent sons. She is an Autism/Neurodiversity Support Specialist and Educator for Reach Child and Youth Development Society. She is a co-founder of the Richmond Autism Interagency Committee - a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.

**Date:** Saturday May 14, 2022

**Time:** 9:30 am - 11:30 am

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom



## Workshop 9

# ADHD: CLASSROOM SUPPORTS

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ADHD: Classroom supports covers a foundational understanding of ADHD, executive functioning, and the impact on early childhood classrooms. We explore the history and stigma behind an ADHD diagnosis, how it fits under the neurodiversity umbrella, as well as how children with ADHD may interact differently with their environment. We will dive deeper into self regulation, impulsive behaviours, and the implications ADHD has for learning.

**Presenter:** Monica Maddison has served neurodiverse children (and their families) for over a decade. This experience ranges from one to one support, therapy, behaviour consulting, classroom advocacy, and inclusion planning. Monica is a college instructor and professional speaker - educating adults in how to care for children through a neurodiversity affirming, intentional, and inclusive practice.

**Date:** Tuesday May 17, 2022

**Time:** 6:00 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom

## Workshop 10

# 20 HOUR RESPONSIBLE ADULT COURSE

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This course was developed to meet the requirements for 20 hours of training for “Responsible Adult” as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of an ECE Certificate).

**Instructors:** Lori Brown, Wanda Cole & Cathy LaHaise, Child Care Consultants at Abbotsford CCRR

**Date:** Fridays, May 20, May 27 & June 3, 2022

**Time:** 9:00 am - 4:00 pm

**Cost:** \$75 for community or \$50 for new Abbotsford CCRR RLNR's

**Location:** Archway Community Services - 2420 Montrose Ave.

## Workshop 11

# ALERT EMERGENCY CHILDCARE FIRST AID CPR C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practising with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Instructor:** Austin Crystal has been working at Alert First Aid for 4+ years. He's a Canadian Red Cross First Aid and CPR Instructor, and a WorkSafeBC OFA Level 1 Instructor.

**Date:** Saturday May 28, 2022

**Time:** 8:30 am - 4:30 pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



## Workshop 12

# ENVIRONMENT AS THE THIRD TEACHER

In early childhood spaces, the environment plays a crucial role in fostering relationships, encouraging communication, and inspiring desirable behaviour. In this workshop, we explore practical ways that we are able to create an environment that supports us in our work with children.

**Presenter:** Monique Carlos is a mom of three and a certified early childhood educator. She has a BSc degree in Family Life and Child Development, a diploma in ECE with a citation in IT, and a MA in Counseling Psychology. She currently works as Director for a family resource program and manages a centre that provides supplementary education. Facilitating workshops for caregivers and educators is a true passion of hers.

**Date:** Tuesday May 31, 2022

**Time:** 6:30 pm - 8:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom

## Workshop 13

# PUPPETS AND EMPATHY

“Empathy is a Choice” - Brene Brown

we have to connect with something in ourselves that knows that feeling. When we choose to empathize with the children we work with, we choose to help them communicate the feelings they are feeling but cannot name. Puppets can help us by supporting our children in expressing feelings that otherwise might keep dormant or suppress. Puppets can put a smile on a child’s face. Puppets help adults become silly, be a child again, and explore the unknown. Making a puppet can help adults de-stress and become creative. Join me in this interactive workshop and learn more about empathy and puppets. In this workshop you will learn how to use puppets to help children express how they feel. You will learn to make a cone puppet, and you will learn the benefits of using puppets in your daily interaction with children.

**Presenter:** My name is Oana Nistor. I am an Early Childhood Educator, Montessori teacher, and storyteller. I’ve been working in the ECE field for over 20 years. I worked most of my ECE career in Langley. Presently I teach the Early Childhood Education program at Ridge Meadows College in Maple Ridge. I am passionate about children and I am passionate about stories and their teaching power. I am fascinated by the power of stories and more importantly the benefits and the lessons we can learn from them.

**Date:** Saturday June 4, 2022

**Time:** 9:00 am - 11:00 am

**Cost:** members \$10, non-members \$15

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

## Workshop 14

# DECONSTRUCTING CIRCLE TIME

What does circle time mean to you? Come and explore all the different possibilities that group time can offer. Learn how to incorporate science, math and dramatic play experiences, embrace emergent learning opportunities, transition ideas, and build resources.

**Presenter:** Julie Hansen: I have been an Early Childhood Educator for 20 years, having received my Diploma in Early Childhood Education from Douglas College. Since then, I have gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs and centre management. My primary focus has evolved to encompass team leadership, management training and program development. I have had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. My goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high quality early learning experiences for children and families.

**Date:** Tuesday June 7, 2022

**Time:** 6:30 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom.



## Workshop 15

# SELF CARE THROUGH YOGA

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A workshop focused on self-care. Learn how the benefits of gentle yoga and yoga nidra can help restore our energy and well-being. By caring for ourselves, we can provide better care for the children and families we serve. Participants will engage in a gentle yoga and yoga nidra practice and will take the time to self-reflect and learn skills to promote balance and emotional well-being. Resources for further self-care will be shared.

**Presenter:** Karen LeSage: I am a registered 200-hour Yoga Teacher, a 95-hour Children's Yoga Teacher, a certified Kidding Around Yoga Instructor, a certified Perinatal Yoga teacher and I've been trained in the Mindful Schools Curriculum. I am passionate about creating a space where all people are welcome. I use yoga, mindfulness and gratitude practices as a platform to help people improve their mind and body connection and become socially conscious community members.

**Date:** Tuesday June 14, 2022

**Time:** 6:30 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom



## Workshop 16

# ALERT EMERGENCY CHILDCARE FIRST AID CPR C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practising with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Instructor:** Austin Crystal has been working at Alert First Aid for 4+ years. He's a Canadian Red Cross First Aid and CPR Instructor, and a WorkSafeBC OFA Level 1 Instructor.

**Date:** Saturday June 25, 2022

**Time:** 8:30 am - 4:30 pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

## Workshop 17

# FUNCTIONS OF BEHAVIOUR: REDUCING THE UNEXPECTED

Functions of Behaviour explores in depth the various potential causes of behaviours, the language we should be using to speak about them, and how we can prevent them from occurring in the future. We will discuss positive and negative reinforcement, and dive into the complexities of responding appropriately. Topics covered: neurodiversity, behaviour, positive language use, antecedents/consequences, reinforcement, classroom strategies, impact of peer relationships.

**Presenter:** Monica Maddison has served neurodiverse children (and their families) for over a decade. This experience ranges from one to one support, therapy, behaviour consulting, classroom advocacy, and inclusion planning. Monica is a college instructor and professional speaker - educating adults in how to care for children through a neurodiversity affirming, intentional, and inclusive practice.

**Date:** Tuesday June 28, 2022

**Time:** 6:00 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online via Zoom



Abbotsford Child Care Resource & Referral Program  
Training Calendar  
April - June 2022

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[www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)