

ABBOTSFORD CHILD CARE RESOURCE & REFERRAL



TRAINING CALENDAR January—March 2020

- Curriculum Design
- Responsible Adult 20 Hour Child Care Course
- Learn and Play with Social Media
- De-Constructing Circle Time & Engaging Activities & Experiences for Infants
- An Introduction to Forest and Nature School
- Burning Out! How to Keep Your Flame Lit!
- Risk Taking in Play - It's Too Dangerous Not To!
- Emergency Child Care First Aid
- A Day Without "NO"
- Family Centered Practice for Child Care Providers
- Psychological First Aid
- From Behaviours to Relationships!

PLEASE NOTE:

- **Training certificates** will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, and stay for the entire session.
- **Late arrivals** of more than 15 minutes will not be admitted to workshops.
- **Children** - Unfortunately, we are unable to accommodate children during a workshop. Please make alternate arrangements.
- **Registration** - Prepayment is required for all workshops. Credit card payment can be taken over the phone. Debit, credit, cash, or cheque payments are taken in office.
- **Methods of payment** - Credit (Visa or MasterCard), debit, cash, or cheque (payable to Archway Community Services).
- **Workshop cancellations (regular workshops)** - Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we would issue a refund.
- **Course cancellations (First Aid and Responsible Adult)** - Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.
- **Workshop location** - Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.

Phone:

604-850-7934

Email:

ccrr@archway.ca

Office Hours:

- Monday to Friday
8:30 am - 4:30 pm
- Tuesday
8:30 am - 7:00 pm
- Saturday
8:30 am - 3:30 pm

Cost:

\$10 Members, \$15 Non-members

Archway Community Services;

Jasbir Saran Room (B100)

2420 Montrose Ave.
Abbotsford, V2S 3S9

CCRR Office:

#1B - 33820 South Fraser Way
Abbotsford, V2S 2C5

CURRICULUM DESIGN

What is curriculum and how do we, as educators, understand it and approach it in our daily practice? The question of why in Early Childhood practice is prevalent and crucial, and the why of the curriculum, as an integral part of that same practice, is a necessary one. Practice that is examined on an ongoing basis is the key to the quality of not only education but living itself. In this workshop, Ana will present both the principles and elements of curriculum design and what needs to be considered when we think about it in the context of our practice.

Presenter: Ana Vojnovic works as an educator, artist-designer and a lecturer. Her work is an interdisciplinary response to urban conditions, and questions of how built/created environments affect and condition human perception, and our response to designed circumstances.

Date: Saturday, January 11, 2020

Time: 10:00 am - 2:00 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave; Jasbir Saran Room (B100)



RESPONSIBLE ADULT 20 HOUR CHILD CARE COURSE

This course was developed to meet the requirements for 20 hours of training for "Responsible Adult" as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, **attend all sessions** (there is not an option to make up missed classes), and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of a degree).

Presenter: Sharon Crowley is a mother and a grandmother – she began her career over 30 years ago as an early childhood educator, and continues to be active in the field by teaching adult learners. For the past 6 years, she has taken her passion for literacy into the community, where she has held the position of Literacy Outreach Coordinator in Abbotsford.

Dates: Friday, January 17th; Saturday, January 18th; Sunday, January 19th 2020

Times: Friday and Saturday; 8:30 am – 4:00 pm. Sunday; 8:30 am - 3:00 pm

Cost: \$175 for community or \$90 for new Abbotsford CCRR RLNR's

Location: Archway Community Services - 2420 Montrose Ave. (Room number TBA)

LEARN AND PLAY WITH SOCIAL MEDIA

Are you using Facebook for your Social Media Marketing? Are you not sure where to start or have you registered a profile but are not sure what to do next? Can you use Facebook as a tool for communicating with families? During the workshop you will discover how you can use Facebook for your child care business. We will also touch on Instagram and Twitter. Let's network, play and discover what social media can do for your business.

Presenter: Vicki Lepper was providing licensed child care in Coquitlam from 1989 to 2018 and is a passionate child care advocate. Vicki was a board member for BC Family Child Care Association from 2011 to 2015. Vicki is a Facilitator and Master Trainer for The Psychology Foundation of Canada. She presents workshops, sits on the Tri-Cities ECD Committee, networks with child care providers, received many awards and is also actively involved in her community. Vicki strongly believes in quality child care by sharing her knowledge and experiences.

Date: Saturday, January 18th, 2020

Time: 9:30 am—12:30 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave; Jasbir Saran Room (B100)

DE-CONSTRUCTING CIRCLE TIME & ENGAGING ACTIVITIES AND EXPERIENCES FOR INFANTS AND TODDLERS

De-constructing Circle Times:

What does circle time mean to you? Come and explore all the different possibilities that group time can offer. Learn how to incorporate science, math and dramatic play experiences, embrace emergent learning opportunities, transition ideas, and build resources.

Engaging Activities and Experiences For Infants and Toddlers:

Incorporating new activities and experiences based on children's interests and needs can be a challenge in infant toddler settings. Discover how one source of inspiration can inspire activities in your program. Learn great ideas for adding interactive, creative hands on learning opportunities for Infants and Toddlers.

Presenter: Julie Hansen became an Early Childhood Educator in the year 2000. Since then, she has gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and infant toddler programs. Her primary focus has evolved to encompass team leadership, management training and program development. Julie has had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership.

Date: Saturday, January 25th 2020

Time: 9:30 am - 12:30 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave; Jasbir Saran Room (B100)

AN INTRODUCTION TO FOREST AND NATURE SCHOOL

Come and learn about the philosophy and practice of Forest and Nature Schools in Canada. We'll discuss outdoor activities, risk-management, and how to be prepared and comfortable in all weather.

Presenter: Cara Agro has a BA in English and Cultural Studies from McMaster University and completed the Early Childcare and Education program at Vancouver Community College. She is the lead facilitator of both Fresh Air Learning and Out and About Adventures.

Date: Saturday, February 1st, 2020

Time: 10:00 am - 12:00 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave; Jasbir Saran Room (B100)



BURNING OUT! HOW TO KEEP YOUR FLAME LIT!!

This workshop will explore ways for you to empower, self care and nurture yourself and the children in your care. What are your triggers, how do you want to show up and can you focus on your well being by being an Early Childhood Educator? We will explore this and many other concerns.

Instructor: Over the last 27 years, Paula Milbradt has served children, family, community and professionals. Paula moved to Surrey BC in 2011 to support the Educators from Ottawa Ontario. 18years ago, she was a foster parent for 4 boys which inspired her to share the power of social emotional brain development with those working with young children. Paula has presented to numerous groups inclusive of CHOM, various CCRR groups, YMCA parent groups and various conferences

Date: Saturday, February 8th, 2020

Time: 9:00 am - 1:00 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services- 2420 Montrose Ave; Jasbir Saran Room (B100)

RISK TAKING IN PLAY - IT'S TOO DANGEROUS NOT TO!

Risk-taking provides some of life's most thrilling, most empowering, most educational experiences, and is an innate part of children's play. Coming from a play-work perspective this interactive workshop will look at how our risk-averse society has impacted children and childhoods, including our own personal comfort levels. Through group exercises and discussion participants will take practical steps, including using a risk-benefit assessment tool, to identify where and how children in their care can test their physical and emotional limits, while reducing the likelihood or severity of harm.

Presenter: Sophie Cooper started out over 20 years ago as a Play Ranger supporting inclusive play provision in South Wales. She went on to co-develop and deliver a ground-breaking play-work development course for Play Wales: 'Play-work Principles into Practice'. She has since worked internationally supporting child directed free play, she has a Masters' Degree in Community Education and a Post-Graduate Diploma in Youth and Community Work.



Date: Saturday, February 22, 2020

Time: 9:30 am – 4:00 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services—2420 Montrose Ave. Jasbir Saran Room (B100)

EMERGENCY CHILD CARE FIRST AID/CPR LEVEL B

This 8-hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There is also a section on child safety. The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use.

Instructor: Karen Clark as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought after in this field.

Date: Saturday, February 29th, 2020

Time: 9:00 am - 6:00 pm

Cost: \$100

Location: Archway Community Services- 2420 Montrose Ave; Jasbir Saran Room (B100)

A DAY WITHOUT "NO"

If you have ever said "No" to a child then you will know that word can seem like an invitation into a meltdown. As adults, we can become frustrated when a child doesn't respond appropriately to our instruction and continue with more "No's". Learning how to balance the importance of boundaries with the reasons why children struggle with the word, "no" is key; the language we use can be significant in the way children behave. Participants will be invited to reflect on how their beliefs about children influence the way they respond to situations and practically consider how to shift from the frustration of "No" and learn positive ways to respond to the children in our care.

Presenter: Alicia Kirlik has been working as an ECE since 2011. A Day Without NO is inspired by a series of events where she challenged herself to only speak affirmingly to children for an entire day - the results changed her work, for the better! Alicia is passionate about inviting adults to see how every moment is an opportunity for children to learn and grow.

Date: Tuesday, March 3, 2020

Time: 6:30 pm - 8:30 pm

Cost: members \$10,
non-members \$15

Location: Archway Community
Services - 2420 Montrose Ave;
Jasbir Saran Room (B100)



FAMILY CENTERED PRACTICE FOR CHILD CARE PROVIDERS

This workshop will explore the Family Centered Practice as a philosophical foundation for working with families at child care settings. The Family Centered Practice is a systematic way of creating a partnership with families, treating them with dignity and respect, and honoring their values and choices in making decisions regarding their child's development. The workshop explores practical ways of moving child care providers towards services that are more closely aligned with a Family Centered Practice principles. We will also explore how FCP can be linked to a wide range of benefits for both children and families.

Presenter: Malgosia Tomanik, M. Ed., is a Family Consultant who specializes in supporting children from preschool to high school age and their caregivers in a variety of environments, including homes, school, and childcare settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support. Malgosia also works as an FASD Key Worker with the Fraser Valley Child Development Centre in Abbotsford.

Date: Saturday, March 14, 2020

Time: 9:30 am - 2:00 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave; Jasbir Saran Room (B100)

PSYCHOLOGICAL FIRST AID

This two-hour workshop will introduce the principles of the World Health Organisation, (WHO) model for Psychological First Aid (PFA). Participants will have an opportunity to discuss and apply tips and tools for helping people responsibly in the aftermath emergencies, disasters or critical incidents. Developing skills to approach safely, listen and link children and adults in crisis to effective supports and resources are the main objectives of learning PFA. "When terrible things happen, we want to reach out a helping hand to those who have been affected. Psychological First Aid is a humane, supportive and practical response to people suffering exposure to serious stressors and who may need support. It is an approach to help people recover by responding to their basic needs.

Presenter: Carolyn Sinclair is President of Strategic Business Risks International Inc. (SBRI) who deliver investigation, emergency management and educational solutions to public and private organizations and institutions. She has developed and customized personal safety & preparedness training for first responders, school districts and private agency emergency response teams.

Date: Tuesday, March 17th, 2020

Time: 6:30 pm – 8:30 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave; Jasbir Saran Room (B100)

FROM BEHAVIOURS TO RELATIONSHIPS!

All behaviours come from unmet needs. One of a child's greatest and most fundamental needs is that of belonging. It is our social nature to connect and attach to others. A child's greatest fear is disconnection and they will initiate connection-seeking behaviours when they feel this disconnect. Come and learn more about these behaviours and some strategies to ensure a strong connection with your child or those in your class or care.

Presenter: Pam Collins is the very proud parent of two very different thinking young adult sons! She is also a Positive Behaviour Support Consultant/Parent Trainer for Reach Child and Youth Development Society. She is a recognized educational speaker for families and teaching staff of exceptional children. She is a co-founder of the Richmond Autism Interagency Committee – a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.

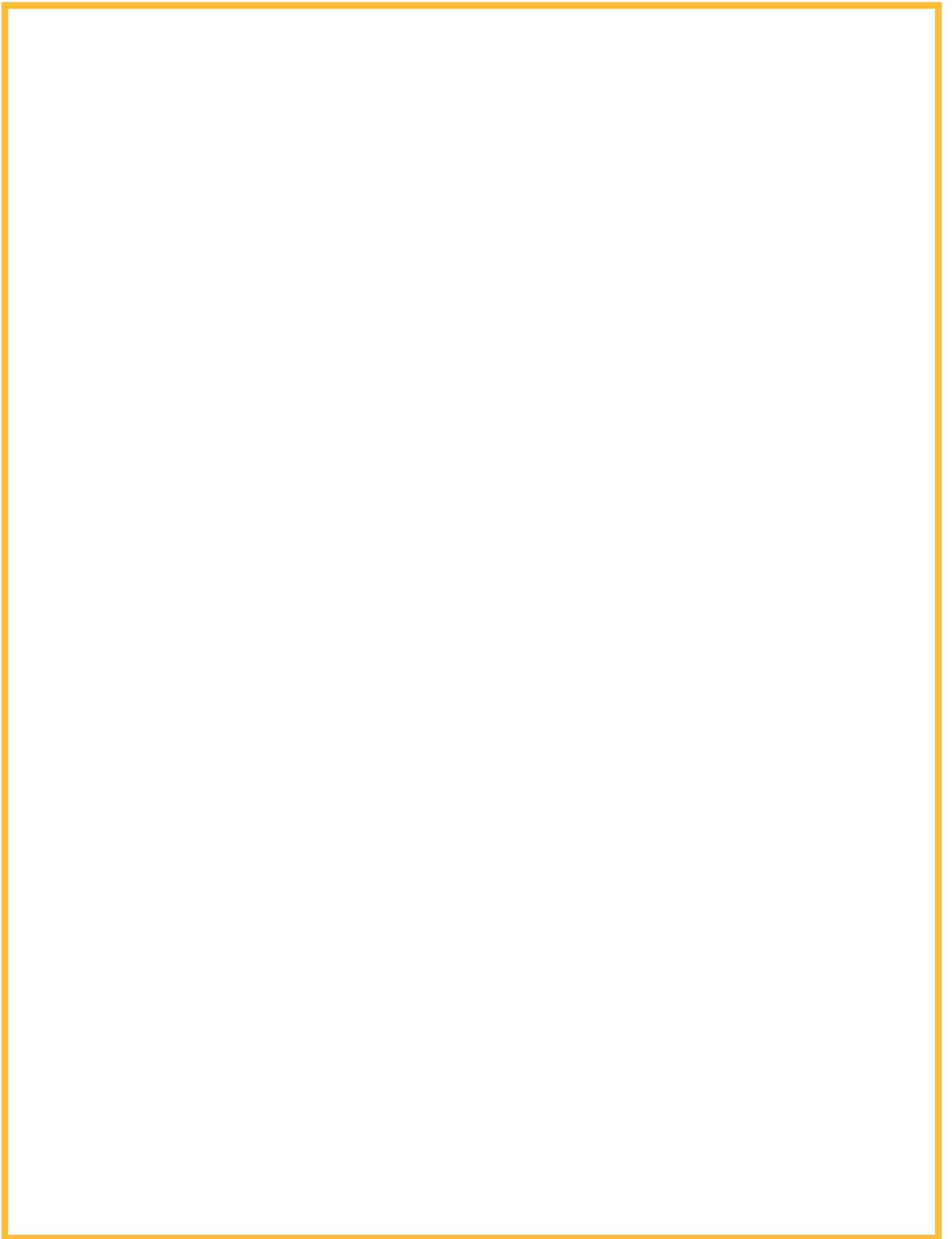


Date: Saturday March 28, 2020

Time: 9:30 am - 2:30 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave; Jasbir Saran Room (B100)



Abbotsford Child Care Resource & Referral Program
Training Calendar
January - March 2020
www.abbotsfordccrr.ca