Abbotsford

CHILD CARE RESOURCE & REFERRAL

Training Calendar

January - March 2023









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PLEASE NOTE

Training Certificates

Training certificates will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, stay for the entire session and have your video on (if online). If you have not received your certificate after 5 business days, please call us. If you require a copy of your certificate after 30 days of the workshop you will incur a \$10 reissuing charge.

Late Arrivals

Late arrivals of more than 15 minutes will not be admitted to the workshop.

Registration/Payment

Prepayment and registration is required for all workshops.

Online Registration

Online registration is available on our website (www.abbotsfordccrr.ca). Registering online for workshops keeps a record of all your upcoming and past workshops. Your receipt for online registration is the email sent to you after payment is completed.

In Person Registration

Credit card payment can be taken over the phone. Debit, credit and cash payments are taken in office.

Methods of Payment

Credit (Visa or MasterCard), debit or cash.

Workshop Cancellations (Regular Workshops)

Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we will issue a refund.

Course Cancellations (First Aid and Responsible Adult)

Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.

Workshop Location (In Person)

Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.

Workshop Location (Online)

Online workshops will be held via Zoom. You will not need to make an account for Zoom, as we will send you a link and password to the workshop. You will receive the Zoom link the day before the workshop. If you did not receive the link after 3:00 pm, please email ccrr@archway.ca. You will need a laptop, computer or smart phone with access to internet, video and audio. We require participation and your video to stay on for the entire workshop to receive certification.

In Person COVID-19 Precautions

CCRR and Archway Community Services will comply with all Public Health Orders.

Phone 604-850-7934 Email ccrr@archway.ca Office Hours Monday to Friday | 8:30 am - 4:30 pm Tuesday | 8:30 am - 7:00 pm Saturday | 8:30 am - 3:30 pm Cost \$10 Members, \$15 Non-members CCRR Office #102 - 2469 Montrose Avenue Abbotsford, BC V2S 3T2 Archway Community Services 2420 Montrose Ave. Abbotsford, BC V2S 3S9

LEARNING WITH LOOSE PARTS

Cones, clay, leaves: there is so much to play with right outside your door. Discover the delight of playing and learning from loose parts play in nature! Engage with a variety of loose parts in this hands-on workshop and reflect on your play experiences. We will also share examples of loose parts creations and projects to inspire your practice.

Please bring or have access to some natural loose parts for this workshop, such as rocks, sticks, cones, and leaves. We will be creating and sharing together!

Presenter: As a small child, Tricia Edgar loved to sit outside and look into the branches of the cherry tree in her backyard watching the flowers drift to the ground. As an adult, she plays in the mud with her children, plants flowers and food, and shares her enthusiasm for science curriculum, outdoor education, local food and gardening with others. She is a long time outdoor educator with over 25 years of experience. Tricia is the program director of Fresh Air Learning, a society that brings all season playbased, place-based learning to children in the Metro Vancouver area.

Date: Tuesday January 10, 2023 Time: 6:30 pm -8:00 pm Cost: Members \$10, Non-members \$15 Location: Online Via Zoom



MAACHII KASHKITOW MAMAWII -LEARNING TOGETHER SHARING METIS CULTURE

Métis Nation British Columbia Ministry of Education presents a workshop in understanding, identifying, and supporting Métis children and culture in early years programming. Through an interactive workshop, facilitators will share information on Métis history and culture in Canada. Understanding who Métis are, and ways individuals can connect. Through cultural resources, facilitators will demonstrate how to incorporate cultural items into early years programs and activities, to ensure children learn more about the Métis culture. Métis children and families will begin to see themselves reflected in the programming provided within their community. Throughout the workshop participants and facilitators will encompass and reflect on the Métis core values while engaging in an interactive workshop that focuses on relationships, connectivity and collaboration of knowledge and learning.

Presenter: Pawandeep (Deep) Mann has worked with children and families in the Early Childhood Education field for 12 years. Pawandeep has worked in a variety of Child Care programs, in daycare, preschool and junior kindergarten. Her interest in Métis culture grew from her youth when she experienced Fort Langley which led her to a Bachelor of Arts in English and History. She has experience facilitating Good Beginnings and working with families and Child Care programs in her outreach position at CCRR. She now works as an ally to MNBC helping promote Metis culture and to continue her learning journey.

Date: Saturday January 14, 2023 Time: 9:00 am - 11:30 am Cost: Members \$10, Non-members \$15 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



WHAT TO DO WHEN IT FEELS LIKE A ZOO! BEHAVIOR MANAGEMENT BY HEART!

During this interactive on-line workshop, we will investigate the underlying roots of some of the most common negative behaviors we see in our centres and classrooms today. Together we will explore the means to address the triggers, and discover how to replace frustration with effective, compassionate, and supportive management skills that will promote and maintain a safe, peaceful, and productive place to learn and play. Through engaging activities, demos, and discussions, you will acquire an array of practical strategies that can prevent or defuse disruptive behaviors, while bringing a loving sense of joy, productivity, respect, and calm into your program.

Presenter: As an educator for both the school and public health systems, Simmy Zaret feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 30 years. Through an array of workshops and speaking engagements, she is delighted to now bring her extensive experience to teachers, ECEs, administrators, parents, and healthcare professionals across the country. Simmy is currently working on a book which will encapsulate her training workshops and provide practical, well-honed strategies for promoting success for children of all ages. Besides Simmy's active teaching and consulting career, she enjoys a busy family life in Toronto Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

Date: Saturday January 21, 2023 Time: 10:00 am - 12:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom



COMMUNICATING AND CONNECTING WITH THE SCHOOL AGE CHILD

Guiding and supporting the school age child can often leave us feeling overwhelmed and stressed. This workshop will support you with the understanding of how to support efficacy and hope for the children in your care. Behaviour is communication, and communication is so very important to support healthy minds and bodies.

Presenter: Paula Milbradt has 30 years of experience working with all ages of children. Her passion for connection and attachment was ignited when she fostered 4 boys 21 years ago. She is currently working as an Inclusion coach within the Pyramid model in Nova Scotia. where she is originally from. She hopes that children will carry less stress and shame, and lead with the light that shines within them.

Date: Tuesday January 24, 2023 Time: 6:00 pm - 8:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom

Workshop 5

ALERT EMERGENCY CHILDCARE FIRST - AID CPR LEVEL C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Instructors: Alert First Aid

Date: Saturday January 28, 2023 Time: 8:30 am - 4:30 pm Cost: \$100 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

ENHANCING COMMUNICATION WITH PRESCHOOL CHILDREN PART 2

This workshop expands on the information shared in the previous workshop with Shari, Oct 25, 2022. Participants <u>do not need</u> to take the first workshop in order to take this one.

Participants will learn about atypical Speech, Language and Communication in the Preschool Years. Participants will gain more in - depth information on specific communication challenges, and strategies that they can use within their own educational settings. Specific emphasis will be placed on the following:

- disorders of the voice
- stuttering

Presenter: Shari Linde has been working as a speech-language pathologist since 1994. She specializes in the communication difficulties of adults and children who have neurological damage, developmental disabilities, psychiatric conditions, or autism. She also has extensive experience addressing swallowing impairments.

Date: Tuesday January 31, 2023 Time: 7:00 pm - 9:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom





In this workshop participants will experience an inclusive kids' yoga class. Adaptations/modifications for all abilities will be discussed and explored. Participants will learn some basic chair yoga poses, strategies for various neurotypes and how to set up your environment. We will explore how yoga and mindfulness benefits all children and how to bring these practices into your classroom.

Presenter: Karen LeSage

I have over 25 years of experience working with children from birth to nineteen years of age in childcare and community settings. Throughout my career my focus has been on inclusion for all children. I am a registered 200-hour Yoga Teacher, a 95-hour Children's Yoga Teacher, a certified Kidding Around Yoga Instructor, a certified Perinatal Yoga teacher and I've been trained in the Mindful Schools Curriculum.

Date: Saturday February 4, 2023 Time: 9:30 am - 12:00 pm Cost: Members \$10, Non-members \$15 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

Workshop 8

OPEN A BOOK

This workshop is focused on sharing early literacy resources that promote diversity including race, creed, gender, culture, family structures and abilities. Content includes:

- Reviewing the importance of being intentional with the types of early literacy information, tools and strategies we incorporate into our programs
- Exploring concepts to strengthen, support and enhance the fundamentals of literacy while celebrating diverse communities

Presenter: This workshop will be presented by Nancy Tovell, a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 38 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

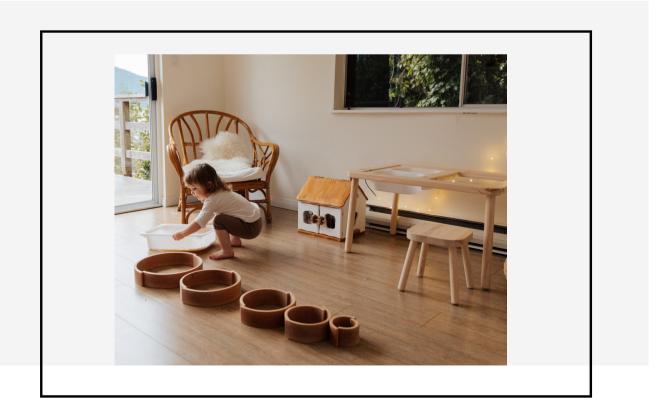
Date: Tuesday February 7, 2023 Time: 6:00 pm - 8:00 pm Cost: Members \$10, Non-members \$15 Location: Online Via Zoom

DELIGHT! EXCITE! INSPIRE! TEACH!

As Early Childhood Educators, you have the capacity to make a difference in the lives of the children you see in your centres every day! In this fun and team-building on-line workshop we will celebrate your role, as well explore a broad range of strategies that can foster a stimulating and nurturing childcare environment. Through a variety of interactive activities, discussion, and demos, this informative workshop will investigate the essential elements within a motivating, child-focused learning environment. Together we'll look at the means to create a setting rich in all the tools needed to help each child grow, learn, and reach his or her full potential; a place where each child is made to feel secure, confident, curious, and excited to explore and discover a world of wonder, joy, and awe!

Presenter: As an educator for both the school and public health systems, Simmy Zaret feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 30 years. Through an array of workshops and speaking engagements, she is delighted to now bring her extensive experience to teachers, ECEs, administrators, parents, and healthcare professionals across the country. Simmy is currently working on a book which will encapsulate her training workshops and provide practical, well-honed strategies for promoting success for children of all ages. Besides Simmy's active teaching and consulting career, she enjoys a busy family life in Toronto Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

Date: Saturday February 18, 2023 Time: 10:00 am - 12:00 pm Cost: Members \$10, Non-members \$15 Location: Online Via Zoom



ALERT EMERGENCY CHILDCARE FIRST AID CPR C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Instructors: Alert First Aid

Date: Saturday February 25, 2023 Time: 8:30 am - 4:30 pm Cost: \$100 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



RESTORATIVE SELF-CARE FOR SUSTAINABLE PRACTICE

In this workshop, participants will learn how to personalize self-care practices, and to distinguish between restorative and performative self-care. We'll learn to identify 'stress cycles' in our personal and professional lives, and examine the link between these cycles and burnout. With reference to selfcompassion and boundary practice, we'll do a deep dive into the real work of caring for ourselves when our job is to care for others.

Presenter: Jodie McDonald is a counsellor in private practice on Vancouver Island, specializing in Integrative Body Psychotherapy (IBP). As a Registered Social Worker in BC, Jodie has over 20 years' experience in the non-profit sector, working in crisis and suicide intervention, family support, and mental health. Jodie has also taught at Vancouver Island University, and facilitates professional development workshops throughout BC, specializing in boundary practice, self-care, and wellness education for helping professionals and caregivers.

Date: Tuesday February 28, 2023 Time: 6:00 pm - 8:00 pm Cost: Members \$10, Non-members \$15 Location: Online Via Zoom



USING LEARNING STORIES: MAKING THE LEARNING VISIBLE

This workshop will help educators to understand the importance of documentation through learning stories and how to use them in various ways to promote the emergent curriculum cycle. In this workshop we will also discuss the image of the child and the role of the educator in the making of learning stories and its connection to the Early Learning Framework. We will also explore the importance of relationships with families and how to make the learning visible with authentic observation and assessment

Presenter: Pooja Kalsi has a master's degree in Early Childhood Education from State University of New York. She has 25 years of experience in the Early Childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She currently teaches at Langara College in the ECE department. She is a mother of two children and believes that she continues to learn from the world around her.

Date: Tuesday March 7, 2023 Time: 6:30 - 8:30 pm Cost: Members \$10, Non-members \$15 Location: Online Via Zoom

Workshop 13

20 HOUR RESPONSIBLE ADULT COURSE

This course was developed to meet the requirements for 20 hours of training for "Responsible Adult" as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of an ECE Certificate).

Instructors: Lori Brown, Wanda Cole & Cathy LaHaise, Child Care Consultants at Abbotsford CCRR

Date: Fridays, March 10, 17, 24 Time: 9:00 am - 4:00 pm Cost: \$75 for community or \$50 for new Abbotsford CCRR RLNR's Location: Archway Community Services - 2420 Montrose Ave.

DIS IS WAT IT MUS BE LIKE!

This workshop will dispel the myths and provide a concrete overview of some of the most common learning difficulties faced by so many children in our day cares and classrooms today, including ADD/ADHD, Visual/Spacial/Auditory Processing Deficits, and Autism Spectrum Disorder. Through a variety of interactive activities, participants will have the opportunity to experience first-hand what it is like to actually have a learning disability of their own! As well, we'll look at a wide range of strategies, accommodations and alternative approaches that can be used, in order to build a child's self-esteem, demystify their struggles, and maximize opportunities for social, emotional, and academic success.

Presenter: As an educator for both the school and public health systems, Simmy Zaret feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 30 years. Through an array of workshops and speaking engagements, she is delighted to now bring her extensive experience to teachers, ECEs, administrators, parents, and healthcare professionals across the country. Simmy is currently working on a book which will encapsulate her training workshops and provide practical, well-honed strategies for promoting success for children of all ages. Besides Simmy's active teaching and consulting career, she enjoys a busy family life in Toronto Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

Date: Saturday March 11, 2023 Time: 10:00 am - 12:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom

Workshop 15

ENGAGING PROGRAM ACTIVITIES AND EXPERIENCES FOR INFANTS AND TODDLERS

Incorporating new activities and experiences based on children's interest and needs can be a challenge in Infant Toddler Settings. Discover how one source of inspiration can inspire activities in your program. Learn great ideas for adding interactive, creative hands-on learning opportunities for Infants and Toddlers.

Presenter: Julie Hansen: I have been an Early Childhood Educator for 20 years, having received my Diploma in Ealy Childhood Education from Douglas College. Since them, I have gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 n infant Toddler programs and Centre management. My primary focus has evolved to encompass team leadership, management training and program.

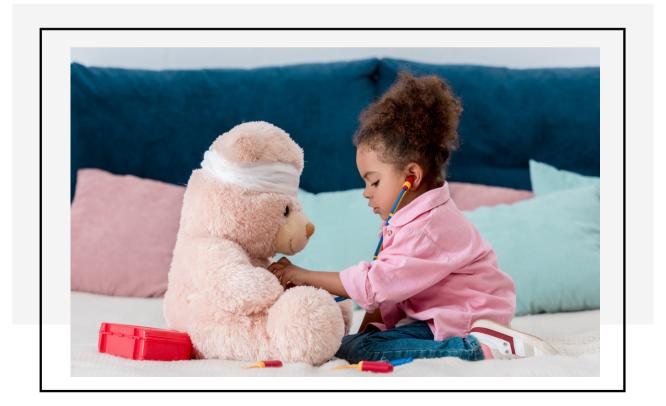
Date: Tuesday March 21, 2023 Time: 6:30 pm - 8:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom

ALERT EMERGENCY CHILDCARE FIRST AID CPR C

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Instructors: Alert First Aid

Date: Saturday March 25, 2023 Time: 8:30 am - 4:30 pm Cost: \$100 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



Abbotsford Child Care Resource & Referral Program Training Calendar January - March 2023 V.1 www.abbotsfordccrr.ca