Abbotsford

CHILD CARE RESOURCE & REFERRAL

Training Calendar

September - December 2022









PLEASE NOTE

Training Certificates

Training certificates will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, stay for the entire session and have your video on (if online). If you have not received your certificate after 5 business days, please call us. If you require a copy of your certificate after 30 days of the workshop you will incur a \$10 reissuing charge.

Late Arrivals

Late arrivals of more than 15 minutes will not be admitted to the workshop.

Registration/Payment

Prepayment and registration is required for all workshops.

Online Registration

Online registration is available on our website (www.abbotsfordccrr.ca). Registering online for workshops keeps a record of all your upcoming and past workshops. Your receipt for online registration is the email sent to you after payment is completed.

In Person Registration

Credit card payment can be taken over the phone. Debit and credit payments are taken in office.

Methods of Payment

Credit (Visa or MasterCard), debit or cash.

Workshop Cancellations (Regular Workshops)

Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we will issue a refund.

Course Cancellations (First Aid and Responsible Adult)

Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.

Workshop Location (In Person)

Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.

Workshop Location (Online)

Online workshops will be held via Zoom. You will not need to make an account for Zoom, as we will send you a link and password to the workshop. You will receive the Zoom link the day before the workshop. If you did not receive the link after 3:00 pm, please email ccrr@archway.ca. You will need a laptop, computer or smart phone with access to internet, video and audio. We require your video to stay on for the entire workshop to receive your certificate.

In Person COVID-19 Precautions

CCRR and Archway Community Services will comply with all Public Health Orders.

Phone 604-850-7934 Email ccrr@archway.ca Office Hours Monday to Friday | 8:30 am - 4:30 pm Tuesday | 8:30 am - 7:00 pm Saturday | 8:30 am - 3:30 pm

Cost \$10 Members, \$15 Non-members CCRR Office #102 - 2469 Montrose Avenue Abbotsford, BC V2S 3T2 Archway Community Services 2420 Montrose Ave. Abbotsford, BC V2S 3S9

SENSORY PROCESSING

Sensory Processing outlines in detail what it means to be "hypersensitive" and "hyposensitive" in terms of sensory processing, functioning, and regulation. We explore the core causes of these struggles, and how as educators we can best accommodate them within our physical classroom environment. We will cover explicit strategies to determine areas of struggle for children in our care, and create actionable plans with simple strategies to make our space more inclusive.

Presenter: Monica Maddison has served neurodiverse children (and their families) for over a decade. This experience ranges from one to one support, therapy, behaviour consulting, classroom advocacy, and inclusion planning. Monica is a college instructor and speaker - educating adults in how to care for children through a neurodiversity confirming, intentional, and inclusive practice.

Date: Tuesday September 13, 2022 Time: 6:00 pm - 8:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom



WHEN WE UNDERSTAND WHY AND HOW BEHAVIOURS OCCUR, WE CAN TRULY MAKE A DIFFERENCE

Understanding and respecting child development will be the foundation on the workshop. We have the tendency to have expectations that children should not have challenging behaviour. Challenging behaviour is an invitation for us to look at the child from their lens and perspective. Our environments can support or stress a child. During the workshop we will explore ways that we can support children.

Presenter: Paula Milbradt is an inclusion coach who supports educators with enhancing their environments and connections with children, by supporting social and emotional brain development. She has been in the Early Childhood sector for over 28 years and is passionate about encouraging humans to unite and connect on a deeper level. Paula has worked with all ages of children, including 4 boys in their adolescent years. She is humbled to offer her perspective with you.

Date: Saturday September 17, 2022 Time: 9:00 am - 11:30 am Cost: Members \$10, Non-members \$15 Location: Online via Zoom

Workshop 3

POSITIVE APPROACH TO GUIDANCE

This workshop will explore ways to guide children's behaviour in a positive way. The educators will learn about self-regulation, reflective behaviour and relationship building. We will also discuss the underlying factors that affect children's emotional health and cause behaviour issues. We will talk about creating a child centered curriculum and environment to manage these issues. We will also discuss effective conflict resolution.

Presenter: Pooja Kalsi has a Master's degree in Early Childhood Education from State University of New York. She has 23 years of experience in the Early Childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery. She is currently teaching at Langara College in the ECE department. She is a mother of two children and believes that she continues to learn from the world around her.

Date: Tuesday September 20, 2022 Time: 6:30 pm - 8:30 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom

ALERT EMERGENCY CHILDCARE FIRST AID CPR C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Instructors: Canadian Red Cross and WorkSafeBC Instructors.

Date: Saturday September 24, 2022 Time: 8:30 am - 4:30 pm Cost: \$100 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



BABY TALK: ENCOURAGING LANGUAGE DEVELOPMENT WITH INFANTS AND TODDLERS

This workshop focuses on how we can support children's language development in the early years. Included will be practical, interactive strategies to help children engage and communicate with their caregivers. Some of the topics covered will be:

- Children's conversational styles
- The roles caregivers play
- Knowing how and why children communicate and how we can more effectively support them
- Strategies we can use to encourage interaction and conversation
- · How to use rhymes and stories to help build emergent literacy skills
- Ways of supporting families as partners in building language skills

Presenter: This workshop will be presented by Bookmates Facilitator, Nancy Tovell. Bookmates is a non-profit organization based in Winnipeg with over 37 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

Date: Tuesday October 4, 2022 Time: 6:30 pm - 8:30 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom

Workshop 6

DRAMATIC PLAY: MORE THAN JUST THE HOUSEKEEPING CORNER

This workshop looks at discussing the importance of dramatic play and ways to encourage and expand on it within the classroom. Workshop covers ideas around materials and set-up for dramatic play areas both indoors and outdoors as well as conversations around children's engagement in rough & tumble dramatic play (such as superhero play), and how we as educators can create an environment rich with socioemotional development.

Presenter: Ashleigh Davies is a post-basic ECE instructor with Sprott Shaw college and has worked with children in a variety of roles over the last ten years.

Date: Saturday October 15, 2022 Time: 10:00 am - 12:00 pm Cost: Members \$10, Non-members \$15 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

EMERGENCY PREPARDNESS FOR CHILD CARE WORKERS

This workshop will introduce participants to the importance of preparing and planning for emergencies, critical incidents and disasters in their home, community, and workplace. Participants will apply their learning to an emergency exercise that includes testing personal and professional preparedness to respond to emergencies while enhancing capacity resilience.

Presenter: Carolyn Sinclair is the President of Strategic Business Risks International (SBRI) who deliver emergency management, crisis response and educational solutions to public and private organizations. She has developed and delivered customized emergency planning & preparedness training for many communities nationally and internationally.

Date: Tuesday October 18, 2022 Time: 6:30 pm - 9:30 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom



ENHANCING COMMUNICATION WITH PRESCHOOL CHILDREN

This workshop is an extension of the presenter's previous session on Normal and Atypical Speech, Language and Communication in the Preschool Years on May 3, 2022 (participants may attend if missed the first workshop). Participants will gain more in-depth information on specific communication challenges, and strategies that they can use within their own educational settings. Specific emphasis will be placed on the following:

- disorders of the voice
- stuttering
- augmentative and alternative communication
- feeding and swallowing
- bilingual and multilingual language development
- specific strategies to facilitate communication

Presenter: Shari Linde has been working as a speech-language pathologist since 1994. She specializes in the communication difficulties of adults and children who have neurological damage, developmental disabilities, psychiatric conditions, or autism. She has extensive experience addressing swallowing impairments. Shari is a Clinical Assistant Professor with the University of British Columbia. She is also on the Registry of Autism Service Providers, with designations as a speech-language pathologist and behaviour consultant. After 27 years as a speech-language pathologist in a multitude of settings, Shari has a true appreciation of the value of SLPs. Shari is passionate about sharing her knowledge and advocating for the profession and the clients she provides service to. Shari provides speech-language pathology services in both English and French.

Date: Tuesday October 25, 2022 Time: 7:00 pm - 9:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom



ALERT EMERGENCY CHILDCARE FIRST AID CPR C

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Instructor: Canadian Red Cross and WorkSafeBC Instructors.

Date: Saturday October 29, 2022 Time: 8:30 am - 4:30 pm Cost: \$100 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

Workshop 10

BIG SCIENCE FOR LITTLE HANDS: MYSTERIOUS MIXTURES

Young children naturally investigate using their senses and providing a rich, multi-sensory experience can help to build curiosity. Join this workshop to explore how everyday kitchen ingredients can be used to begin in inquiry into concepts such as dissolving, mixtures, and separating. We will tease out the science concepts of each activity to help you build your confidence in exploring chemistry with young children.

Presenter: Wendy Lorch is the Early Learning Specialist at Science World, responsible for The Wonder Gallery; a space dedicated to under 5s, Preschool Curiosity Club; a parent-participation program and Big Science for Little Hands; professional development workshops for early educators. She has a background in early learning, Kindergarten and primary grades, science program development and adult workshop facilitation, having delivered a wealth of educator workshops across B.C.

Date: Tuesday November 1, 2022 Time: 6:30 pm - 8:30 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom

INTRODUCTION TO EMERGENT CURRICULUM

How do you include children's thoughts, interests and ideas into your program planning? Discover strategies for incorporating emergent curriculum opportunities into your daily practice. Also learn how to use observant, documentation and the Early Learning Framework to assist educators in providing engaging, reflective learning experiences for children and families.

Presenter: Julie Hansen: I have been an Early Childhood Educator for 20 years, having received my Diploma in Early Childhood Education from Douglas College. Since then, I have gained experience in a variety of areas within the field of Early Childhood Education: Director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs and centre management. My primary focus has evolved to encompass team leadership, management training and program development. I have had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership. My goal as an Early Childhood Educator and facilitator is to support fellow educators and early years professionals in providing high-quality early learning experiences for children and families.

Date: Tuesday November 8, 2022 Time: 6:30 pm - 8:00 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom



QUALITY SLEEP IN GROUP CHILD CARE SETTING: I/T FOCUSED

Recent social change has resulted in a greater demand for group child care for infants and toddlers. Simultaneously, sleep issues at group child care centres have become more and more prevalent among this age group – who are the most sensitive and vulnerable. The goal of this workshop is to prepare ECEs with the appropriate knowledge, skills, and attitudes as it relates to young children's sleep in group child care settings. This workshop is based on a behavioural approach.

Presenter: Dr. Minnie Mossop is a passionate infant and toddler specialist with a Ph.D. and MA in Infant and Early Childhood Development and an M.Ed. in Early Childhood Education. Her research interests cover various mental health areas (e.g., attachment, brain development, co-regulation) of young children, especially infants and toddlers. She is a faculty member of the Early Childhood Education Program at Douglas College. She has also supported hundreds of families and ECEs in North America through online/offline consultations and group workshops.

Date: Saturday November 19, 2022 Time: 9:30 am - 11:30 am Cost: Members \$10, Non-members \$15 Location: Online via Zoom



MARKETING YOUR CHILD CARE BUSINESS

This workshop will teach you the basics of managing and marketing as well as using the Internet and social media to help you maximize enrolment and income for your business. As child care providers, the notion of marketing ourselves or our child care seems often makes us feel uncomfortable. Somehow advertising seems out of step with the work we do. The fact is, however, that the ability to market our child care service in tasteful and effective ways is one indicator of a professional child care provider. This workshop teaches providers how to identify, articulate, and sell the benefits of their child care program to potential clients using both traditional strategies and technology. Parents are using the Internet to find child care providers. This workshop is for a person that wants to understand how to fit all the pieces together.

Presenter: Vicki Lepper was providing licensed family child care in Coquitlam from 1989 to 2018. She is a passionate child care advocate and has received many awards. Vicki presents many workshops and believes in sharing her knowledge with those who have chosen a career working with children.

Date: Tuesday November 22, 2022 Time: 6:30 pm - 8:30 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom



ALERT EMERGENCY CHILDCARE FIRST AID CPR C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practising with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Instructor: Canadian Red Cross and WorkSafeBC Instructors.

Date: Saturday November 26, 2022 Time: 8:30 am - 4:30 pm Cost: \$100 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

Workshop 15

WALKING TOGETHER: MEANINGFUL ENGAGEMENT IN TRUTH AND RECONCILIATION

Many Canadians are only beginning to learn of Canada's colonial history and its impacts on Indigenous people. How do we work towards Reconciliation? We must begin by recognizing and acknowledging the Truth. We will cover the true history from first contact to present day and explore the impacts it has had on multiple generations through discussions about trauma and its transmission through generations by epigenetics. We will support reflection and understanding of your own social location and relationship with privilege and power. Skills for engaging respectfully with Indigenous clients, families and communities will be explored through understanding historical trauma and key differences in worldview. Experiential exercises will assist you in integrating your learning on mental, emotional, physical and spiritual levels.

Presenter: Katelyn Moon and Karla Joseph are partners in advancing Truth and Reconciliation by engaging all people in open and honest conversations about Canada's colonial past, reconciliation, power and privilege. Karla is of St'át'imc and German decent and is a member of Xwisten/Bridge River Indian Band. Karla has a MSW in Indigenous Trauma and Resiliency from the University of Toronto. Katelyn Moon is a White Settler who has education and experience in ECE and Health Leadership.

Date: Saturday December 3, 2022 Time: 9:00 am - 3:00 pm Cost: Members \$10, Non-members \$15 Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

BOOKS FOR BABIES: EXPLORING STRATEGIES FOR INCORPORATING BOOKS AND EXTENSION IDEAS IN THE INFANT AND TODDLER ROOMS

Book exploration is so important for our youngest learners! This workshop shares a selection of books especially designed for infants and toddlers and provides activity ideas that build on the early literacy concepts that can be found in each. Designed for those working with infants and toddlers, participants will leave the workshop with a variety of hands-on, interactive activities and book ideas that can be easily incorporated into programming.

Presenter: This workshop will be presented by Bookmates Facilitator, Nancy Tovell. Bookmates is a non-profit organization based in Winnipeg with over 37 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

Date: Tuesday December 6, 2022 Time: 6:30 pm - 8:30 pm Cost: Members \$10, Non-members \$15 Location: Online via Zoom



Abbotsford Child Care Resource & Referral Program Training Calendar September - December 2022 V.1

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