

Abbotsford

CHILD CARE RESOURCE & REFERRAL

Training Calendar

January - March 2024



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PLEASE NOTE

Training certificates

Training certificates will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, stay for the entire session and have your video on (if online). If you have not received your certificate after 5 business days, please call us. If you require a copy of your certificate after 30 days of the workshop you will incur a \$10 re-issuing charge.

Late Arrivals

Late arrivals of more than 15 minutes will not be admitted to the workshop.

Registration/Payment

Prepayment is required for all workshops.

Online Registration

Online registration is available on our website (www.abbotsfordccrr.ca). When you register for workshops online it will keep a record of all your upcoming and past workshops.

In Person Registration

Credit card payment can be taken over the phone. Debit and credit payments are taken in office.

Methods of payment

Credit (Visa or MasterCard), debit, cash, or cheque (payable to Archway Community Services).

Workshop cancellations (regular workshops)

Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we will issue a refund.

Course cancellations (First Aid and Responsible Adult)

Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.

Workshop location (In Person)

Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.

Workshop location (Online)

Online workshops will be held via Zoom. You do not need to make an account for Zoom, as we will send you a link to the workshop. You will need a laptop, computer or smart phone with access to internet, video and audio. We require your video to stay on for the entire workshop to receive your certificate.

Phone

604-850-7934

Email

ccrr@archway.ca

Cost

\$15 Members, \$20 Non-Members

CCRR Office

#102 - 2469 Montrose Avenue

Abbotsford, BC V2S 3T2

Archway Community Services

2420 Montrose Ave.

Abbotsford, BC V2S 3S9

Workshop 1

POSITIVE GUIDANCE IN EARLY CHILDHOOD PROGRAMS

This workshop will explore ways to guide children's behaviour in a positive way. The educators will learn about self-regulation, reflective behaviour and relationship building. We will also discuss the underlying factors that affect children's emotional health and cause behaviour issues. We will talk about creating a child centered curriculum and environment to manage these issues. We will also discuss effective conflict resolution.

Presenter: Pooja Kalsi has a Master's degree in Early Childhood Education from State University of New York. She has 25 years of experience in the Early childhood field as a teacher, facilitator, supervisor, director and instructor. She is very passionate about finding ways to promote children's creativity and expression of discovery and make it visible by documentation. She currently teaches at Langara College in the ECE department.

Date: Tuesday January 9, 2024

Time: 6:30 pm - 8:30 pm

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom



Workshop 2

RECOGNIZING CHILDREN WITH DIVERSE DEVELOPMENTAL NEEDS

Research says that early intervention is beneficial for a child's development, overcoming challenges and increasing a child's success in school and life. Identifying and providing effective early support to children is one of the roles of early childhood educators. This workshop will discuss what developmental delay/disorders are, help identify early warning signs, provide strategies for success as well as for developing effective working relationships with parents. It will also include ideas on making connections and building strong relationships with other community services and childcare programs available for families.

Presenter: Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children from preschool to high school age and their parents/caregivers in a variety of environments, including homes, school, and childcare settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support, helping to make sense of difficult behavior and supporting adults for each child in finding a way through.

Date: Saturday January 13, 2024

Time: 9:30 am - 11:30 am

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom



Workshop 3

PROJECTS ARE SPUN FROM AUTHENTIC INQUIRY

Would you like to learn more about Inquiry Based Learning? In this workshop we will take a deep dive into projects that were ignited by the curiosities of children which ignited long term investigations. Whether you refer to it as Responsive, Emergent Curriculum or Inquiry Based Learning, join us to discover how authentic inquiry has potential to evolve into a long term projects.

Presenter: Sue Woodward and Caren Eigenmann are the co-owners of Childgarden Preschool & Discoveries in Port Moody, BC, which was founded in 2007. Our image of the child aligns with one of the underlying principles of Reggio Emilia, in which we see the child as 'rich in potential, strong, powerful, competent, and most of all connected to adults and other children' (Malaguzzi, 1993, p. 10). Educators work alongside the children and their natural curiosity to observe and develop in-depth investigations that reflect and are built upon authentic interests of the children, making their preschool experience fun, exciting and relevant to them and their world. Educators extend and expand these interests to create deep, meaningful learning opportunities which lay the foundation for future learning. Both Sue and Caren are recipients of the Prime Minister's Award of Excellence in Early Childhood Education, in 2012 and 2017 respectively.

Date: Tuesday January 16, 2024

Time: 6:30 pm - 8:30 pm

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom



Workshop 4

BEING THE BEST SUPERVISOR YOU CAN BE!

What kind of leader are you? What kind of leader do you want to be? During this fun and motivating workshop, supervisors and those aspiring to become one, will have an opportunity to gain a deeper understanding of the impact they can have on others in the workplace. Learn how you can enrich your skills in order to be the kind of leader that inspires, supports, and strengthens all those around you!

Presenter: Simmy Zaret is an educator for both the school and public health systems. Simmy feels privileged to have worked with, taught, counselled, and supported children with special needs and their families over 35 years. Through an array of workshops and speaking engagements, she now brings her extensive experience to early childhood educators, teachers, administrators, and parents on-line from coast to coast. Her focus remains on promoting a holistic, compassionate approach, to optimize success for all students both inside and outside of the classroom. She is currently working on a book which will encapsulate her methodologies, and provide practical, well-honed strategies for promoting joy and success for children of all ages. Besides her active consulting career, Simmy enjoys life in Toronto, Ontario, where she is a well-known local storyteller, avid painter, and the proud mom of two wonderful young men.

Date: Saturday January 20, 2024

Time: 9:30 am - 11:30 am

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom

Workshop 5

ALERT EMERGENCY CHILDCARE FIRST AID CPR/AED - LEVEL C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Presenter: Austin Crystal has been working at Alert First-Aid for 6+ years. He is a Canadian Red Cross First-Aid & CPR instructor, and a WorkSafeBC OFA Level 1 Instructor.

Date: Saturday January 27, 2024

Time: 8:30 am - 4:30 pm

Cost: \$100

Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

Workshop 6

PRECIPITATION EDUCATION: Practical Ideas for Embracing the Rain with Children

Want to feel more excited about learning and playing outside during the rainy months? Join us for a lighthearted and practical conversation about the opportunities, challenges, and logistics about programming in wet, cold, and soggy situations. We'll talk about how to shift mindsets about the rain, how to dress to stay warm and dry, play invitations involving puddles, potential inquiry studies that may emerge when being in the rain, and more.

Presenter: Karen Begley supports and empowers educators to feel fantastic about the work they are already doing by making connections between their underlying values, everyday programming, and pedagogical theory. Her playful style makes for interactive workshops that generate new ideas and increase participants' confidence and competency to bring practical and enriching experiences to the children in their care. To learn more about Karen, her work, and thoughts on childhood, learning, and care, follow her on Instagram @natureplaystudios.

Date: Saturday February 3, 2024

Time: 9:30 am - 12:00 pm

Cost: Members \$15, Non-Members \$20

Location: Online Via Zoom



Workshop 7

THE WEIGHT OF WORDS: Inclusive Language for Educators

Explore why the language we choose to use, both when speaking to and about children, matters. Review growth vs deficit mindset, positive language use, the social model of disability, and focus on specific terminology that is considered outdated and harmful. Some of which, directly relate to ASD, such as functioning labels (high/low functioning), while others are general terms used to speak about neurodiverse populations or disability, such as "special needs"/"special interests."

Presenter: Monica Maddison has served neurodiverse children (and their families) for over 12 years. This experience ranges from one to one support, therapy, behaviour consulting, classroom advocacy, and inclusion planning. Monica is a professional speaker - educating educators across Canada and US in how to care for children through a neurodiversity affirming, intentional, and inclusive practice.

Date: Tuesday February 6, 2024

Time: 6:00 pm - 8:00 pm

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom

Workshop 8

MINDFUL SELF CARE FOR EDUCATORS

This dynamic workshop offers Educators the knowledge, skills and tools to create a calm classroom using mindfulness for kids. Learn transition techniques to support children throughout the day in a variety of ways such as in the lineup, coming inside after outdoor activities or during an excessively high energy time. Attendees will be introduced to the Mindful Corner, a hands-on self regulation station where children cause calming tools such as breathing, movement and mindfulness independently when they are dealing with big feelings. Come join us for this interactive workshop on how to use Mindful transitions to create your own calm classroom.

Presenter: Jennie Abbot is the Founder and Director of Harmony Kids Yoga & Mindfulness Company. She is a Registered Yoga Teacher (RYT) and Registered Children's Yoga Teacher (CYA_CYT) with the Canadian Yoga Alliance teaching over 75,000 children to date. Jennie has worked with children, families, government, non-profit organizations and educators for over 20 years, sharing her passion of bringing happiness and peace into the lives of children through yoga and mindfulness.

Date: Saturday February 10, 2024

Time: 10:00 am - 12:00 pm

Cost: Members \$15, Non-Members \$20

Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

Workshop 9

PROMOTING PRESCHOOLER'S SOCIAL EMOTIONAL DEVELOPMENT THROUGH PEER INTERACTIONS

Preschool provides a unique environment for children to learn and grow, with social and emotional development flourishing through peer interactions. Through activities like play, imitation, problem-solving, and collaboration, children acquire the skills needed to foster relationships and deepen social understanding. These abilities are crucial for a smooth transition into kindergarten and future life experiences. However, some preschoolers encounter challenges in engaging with peers or making friends, requiring support from teachers, parents, or caregivers to develop essential social and emotional skills.

This workshop will share tips to nurture skills like sharing, perspective-taking, entering play, and fostering care among children. Equip yourself with the tools to empower these young learners, setting the stage for lifelong social and emotional growth.

Presenter: Monica Chan is an early childhood specialist and parent educator with a strong background in developmental psychology and early childhood education. Trained in the RIE (Resources for Infant Educators) approach, she is passionate about empowering caregivers of young children. Monica's mission is to provide invaluable support and guidance to families and educators, fostering healthy child development through informed and compassionate caregiving practices.

Date: Tuesday February 13, 2024

Time: 6:00 pm - 8:00 pm

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom



Workshop 10

ALERT EMERGENCY CHILDCARE FIRST AID CPR/AED - LEVEL C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Presenter: Austin Crystal has been working at Alert First-Aid for 6+ years. He is a Canadian Red Cross First-Aid & CPR instructor, and a WorkSafeBC OFA Level 1 Instructor.

Date: Saturday February 24, 2024

Time: 8:30 am - 4:30 pm

Cost: \$100

Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



Workshop 11

SUPPORTING NEWCOMER CHILDREN & FAMILIES IN EARLY CHILDHOOD SETTINGS

In this workshop participants will be given practical steps and strategies to create Early Childhood spaces that are inclusive and welcoming of all newcomer children and families. Participants will be asked to reflect upon and consider the following:

- The journey (adversity, stress and trauma)
- The child's perspective (a new world)
- Cultural misunderstandings and cultural awareness
- Community supports and engagement
- Enhancing communication within ECE spaces
- Using a curriculum of kindness to enhance relationships

Presenter: Ana Valle Rivera is a proud mother of three, a public speaker, an Early Childhood Consultant, a children's book author, and the founder of Early Years Thriving. She has worked in various capacities within the early year's field since 2007. Ana has experience working with a diversity of children and families with complex needs, using inclusive and trauma-informed approaches. She has a background in ECE, a Bachelors in CYC and is currently a Master of Professional Education in ECE Student.

Date: Saturday March 2, 2024

Time: 9:30 am - 11:30 am

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom



Workshop 12

STORIES AND SONGS OF SPRING

This workshop will help refresh and rejuvenate your planning process with new ideas that support spring themed play-based, early learning activities. Plenty of rhymes and songs with children's picture books and hands-on activities will be shared. A variety of literacy extension ideas based on the rhymes, songs and books presented will be provided as a resource. This workshop is ideal for those working with preschool aged children.

Presenter: This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 39 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

Date: Tuesday March 5, 2024

Time: 6:00 pm - 8:00 pm

Cost: Members \$15, Non-Members \$20

Location: Online via Zoom

Workshop 13

COACHING LEADERS

Coaching Leaders aims to empower early childhood program leaders in gaining confidence with their skillsets, improving the quality of their programs, and supporting positive relationships with families and staff. This workshop will cover two modules taken from the program:

- Reportable Incidents: Why and how we report and their importance.
- Legislation: Why we have it - it's intent and how to find sections for understanding

Presenter: Oana Nistor has been a Licensing Officer with Fraser Health since 2020. Previously from ECE classroom assistant to Manager of large corporations. Has worked with children with challenging behaviours and various other agencies.

Rosey Singh is a Licensing Officer based in the Abbotsford office. Worked as a Program Director for BC Family Child Care Association and as an Outreach Consultant and a Good Beginnings Facilitator for Surrey CCRR.

Date: Saturday March 9, 2024

Time: 9:00 am - 12:00 pm

Cost: Members \$15, Non-Members \$20

Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

WALK A MILE IN MY SHOES:

Raising Awareness of Learning Differences

Walk a Mile in My Shoes is an experiential workshop that uses simulations and exercises to raise awareness about learning differences. The workshop helps participants to explore learning differences such as: Dysgraphia, Dyslexia, Dyscalculia, ADHD, and Visual-Perception difficulties and the role early intervention plays in identifying and supporting children with suspected and diagnosed learning differences. Through this workshop, participants will gain knowledge about current research and knowledge in the field of learning differences and a practical understanding of how it may effect a person's everyday life at home, work and early education/care and school.

Presenter: Marlo Huminski (she/her) is an engaging and inclusive educator who has over eight years of experience with children in educational programs. She holds a Master of Arts in Children's Literature from the University of British Columbia, a multidisciplinary program that draws from the departments of Education, Language and Literacy Education, English, and Library Science.

Date: Tuesday March 12, 2024

Time: 6:30 pm - 8:00 pm

Cost: Members \$15, Non-Members \$20

Location: Online Via Zoom



USING INDIGENEOUS RESOURCES IN YOUR CENTRE:

Grandparent Teachings Cultural Kit

This workshop will have key learning outcomes, teachings, and methods to support Indigenous children and/or their families. The presentation will provide participants with a sense of knowledge, skills, and strategies to share the cultural kits in their classrooms.

Presenter: My name is Brenda Redden and I'm from ?Esdilagh First Nation in the Chilcotin Territory. I'm the coordinator for Many Voices, One Mind and have worked in the Early Years field since 1993. With a deep passion for Early Years education and a strong commitment to honoring the traditions of Indigenous culture, my job has helped me blend these two worlds. Over the years I have had the privilege of creating an inclusive and culturally rich environment in the classroom.

Date: Saturday March 16, 2024

Time: 9:30 am - 12:00 pm

Cost: Members \$15, Non-Members \$20

Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



Workshop 16

ALERT EMERGENCY CHILDCARE FIRST AID CPR/AED - LEVEL C

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Presenter: Austin Crystal has been working at Alert First-Aid for 6+ years. He is a Canadian Red Cross First-Aid & CPR instructor, and a WorkSafeBC OFA Level 1 Instructor.

Date: Saturday March 23, 2024

Time: 8:30 am - 4:30 pm

Cost: \$100

Location: Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



Abbotsford Child Care Resource & Referral Program
Training Calendar
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www.abbotsfordccrr.ca

