

# Abbotsford Child Care Resource & Referral Program



## TRAINING CALENDAR

January - June 2017

- Setting the Stage for Responsive Curriculum (Part A) & Responsive Curriculum Planning (Part B)
- Fraser Valley Reggio Emilia Network Resource Box Training
- Autism and the Evolution of Consciousness
- It's All About Me Conference
- Emergency Preparedness for Childcare & Early Education Professionals
- Inspirational and Intentional Programming
- Designing Culturally Focused Early Childhood Curriculum
- Responsible Adult Course
- Making Sense of Attention Problems
- Self-regulation of Young Children Through Somatic Based Learning
- Risk Taking in Play: It's Too Dangerous Not to!
- Emergency Child Care First Aid
- Professionalism and Partnering with Parents
- Sign Me a Story: Volume One
- An Exploration of Forest and Nature Schools

## PLEASE NOTE:

- **Training certificates** will be issued on the evening of your workshop. To receive a training certificate you must arrive on time, participate, and stay for the entire session.
- **Late arrivals** of more than 15 minutes will not be admitted to workshops.
- **Children:** Unfortunately, we are unable to accommodate children during a workshop. Please make alternate arrangements.
- **Payment** is due at the time of the class and is required to attend.
- **Methods of payment:** Cash or Cheque (payable to Abbotsford Community Services).
- **Registration:** By phone, email, or online [www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops) (except First Aid and Responsible Adult Courses, as pre-payment is required)
- **Workshop cancellations:** CCRR staff will contact registrants by phone and/or email to confirm registration. Please give us as much notice as possible if you find you are unable to attend, as there may be a waiting list. Due to unforeseen circumstances workshops may be subject to change or cancellation.

### CONTACT US:

**Phone:**

604-850-7934

**Fax:**

604-850-7932

**Email:**

[ccrr@abbotsfordcommunityservices.com](mailto:ccrr@abbotsfordcommunityservices.com)

**Office Hours:**

Monday to Friday

8:30 am - 4:30 pm

**Website:**

Sign up online

[www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)

### WORKSHOP LOCATIONS:

**CCRR Office:**

#105-32885 Ventura Avenue

Abbotsford, BC, V2S 6A3

**Abbotsford Community Services:**

Jasbir Saran Room

2420 Montrose Avenue

Abbotsford, BC, V2S 3S9

**Cost:**

\$10 Members

\$15 Non-members

## SETTING THE STAGE FOR RESPONSIVE CURRICULUM (PART 1)

Early Childhood Educators extend the child's thinking and learning by asking questions, making suggestions and providing materials and assistance as needed to enable a child to consolidate learning. "Curriculum" conveys that there is teacher planning in such settings, and "responsive" reminds us that the children's needs, interests and spontaneity always have a place where young children play and learn.

During day one of this two-day training we will explore responsive and engaging group/circle/gathering times as well as webbing children's interests with them.

During day two we will have hands-on work taking what we've learned and worked on the prior week, to create a workable document for responsive curriculum planning and looking at how our environment supports this planning. Suitable for early learning child care professionals working with children of verbal age.

**\*Must attend both days of training.**

**Presenter:** Kristi Schwandt studied Fine Arts, and had a multitude of careers before finding the Early Childhood Education profession. She learned responsive curriculum inspired by Reggio Emilia and since, she has never looked back. Recently she has been an ECE Facilitator for the City of Surrey providing training and support for preschool instructors. Currently she is designing and remodeling City of Surrey preschool environments.

**Date:** Wednesday, January 11th & Wednesday January 25th

**Time:** 7:00 pm - 9:00 pm (both dates)

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or

[www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)

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## FRASER VALLEY REGGIO EMILIA NETWORK RESOURCE BOX TRAINING

The Fraser Valley Reggio Emilia Network was developed this past year to support Early Childhood Educators and teachers in adopting negotiated curriculum and inquiry based learning into their programs, and to assist them in setting up indoor and outdoor environments to act as the third teacher.

If you are interested in borrowing the resource boxes, please fill out our FVREN Library Membership form at the Abbotsford CCRR and attend the upcoming FVREN Workshop. After doing so you will receive a Library Card to use for these resource boxes. The boxes are available on loan for two weeks at a time and will be housed at CCRR. These boxes contain books and materials which can be used in a variety of settings with emergent curriculum in mind. The boxes available for borrowing are: Light Table, Atelier (art studio), Loose Parts, Science, and Sensory Exploration.

Join us to learn how you can use the resource boxes at your centre in creative ways. Training is required if you wish to check out a FVREN resource box in future.

**Presenter:** Wanda Cole (FVREN)

**Date:** Thursday, February 23rd

**Time:** 7:00 pm - 9:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or

[www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)



## IT'S ALL ABOUT ME CONFERENCE

A conference for people who care about children. This conference offers two different workshops from two presenters. Market place shopping along with lunch and refreshments.

**Presenters:** Kristi Schwandt - Room Makeovers Using Community Resources and Loose Parts  
Kim Hetherington - Trauma Informed Practice and the Science of Early Childhood Development

**Date:** Saturday, February 25th

**Time:** 8:15 am - 3:00 pm

**Cost:** \$ 55 early-bird rate, \$65 after February 3rd, registration closes February 17th

**Location:** Cascade Church, 35190 Delair Rd.

**Registration:** Pay at your local sponsoring CCRR or online <http://itsallaboutme.simpl.com>

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## AUTISM and the EVOLUTION of CONSCIOUSNESS

Neurology is never written in stone, and we shape the way we use our brain through the activities and patterns that we engage in and practice. We create ourselves through our preferences and our actions, creating the person we are. Many of us do this subconsciously, and as such we are products of what we are exposed to. We should learn to understand, accept, and work with our stress response systems, as we do with people with autism and regulatory disorders. We should understand our own triggers, as well as tools that work for us. We should also understand that our emotions are largely shaped by our reinterpretation of the present in light of past traumas. We will learn about the important foundations of developmental maturity, and how we are affected through life by these issues. You will also learn how small changes in how you communicate can begin to bring about a change in your own consciousness. We will talk about sensory activities to dissipate stress, balance hormones, build resilience, and make better decisions.

**Presenter:** Mark Landry has worked as an occupational therapist for over 30 years. He has a private practice in and around Vancouver, where he provides OT services, workshops, and consultation. Mark most recently worked for Vancouver Coastal Health providing Occupational Therapy for children in Vancouver schools. Mark trained and worked in Connecticut for 13 years before relocating to Vancouver. Mark has always worked with children, in a variety of settings including public schools, preschools, families' homes, daycares, and institutions. Much of this experience is with children with autism and sensory processing disorders. Mark has also worked to educate OT's, parents, caregivers, and other professionals.



**Date:** Saturday, February 25th

**Time:** 9: 30 am - 1:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or [www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)

## EMERGENCY PREPAREDNESS FOR CHILDCARE & EARLY EDUCATION PROFESSIONALS

In this workshop participants will develop understandings and skills that will enable them to critically reflect on their practice and take action to prepare themselves to provide for their clients in emergency situations. Discussion of risks, mitigation, planning and responding to develop self-sufficiency in disaster scenarios.

**Presenter:** Kaylie Streibel is an on-call Fire Fighter and Emergency Preparedness facilitator for the city of Surrey. Passionate about education, Kaylie teaches Modern Languages and Learner support to high school students. She also enjoys her work mentoring teachers who are pursuing graduate work at SFU.

**Date:** Wednesday, March 8th

**Time:** 6:30 pm - 8:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or

[www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)

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## INSPIRATIONAL AND INTENTIONAL PROGRAMMING

This workshop will review the importance of observation, conversation and collaboration when working with children. Children are the main focus of your planning and the goals you plan for the children will support their development holistically.

**Presenter:** Paula Milbradt has served and engaged with children, families and community for over 23 years. She is passionate about supporting healthy child development, compassion and social emotional development. Paula has had the opportunity to facilitate the learning at Algonquin College in Ontario, Preschool Promenade, CHOM, OPTIONS and at various schools and child-cares.

**Date:** Tuesday, March 14th

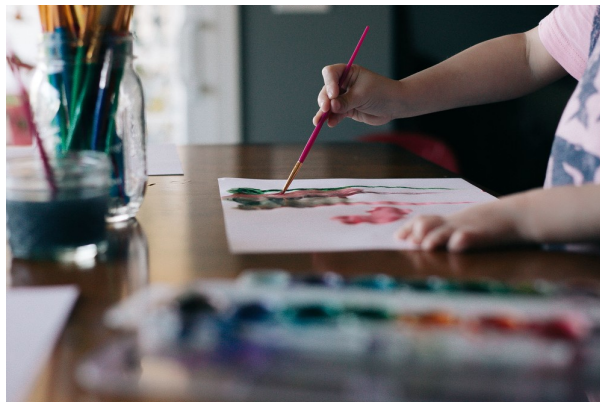
**Time:** 6:30 pm - 9:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or

[www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)



## DESIGNING CULTURALLY FOCUSED EARLY CHILDHOOD CURRICULUM

Learn to develop and implement culturally focused curriculum and resources that draw upon local First Nations cultures. Locally developed curriculum relies on input from parents and community members and is accepted and used more meaningfully by caregivers and child care centres.

**Presenter:** Kirsten Bevelander is a Provincial Child Care Advisor for the BC Aboriginal Child Care Society (BCACCS). The BCACCS Child Care advisors are a part of the CCRR program and visit child care providers and Aboriginal centers around the province providing support through training, advocacy and sharing of resources. Kirsten has worked with children and families for over 25 years, specializing in toddler care, children with additional needs, literacy learning and Aboriginal early child development and care. She is also an instructor for the Burnaby ECE Continuing Education Program.

**Date:** Saturday, March 25th

**Time:** 9:30 am - 12:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or [www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)



# RESPONSIBLE ADULT COURSE

## SPRING 2017

### Description:

This course was developed to meet the requirements for 20 hours of training for "Responsible Adult" as stipulated by the Child Care Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety and nutrition and programming. Participants must be at least 19 years old to register, attend all sessions and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of a degree).

**This course meets the requirements for 20 hours of training for "Responsible Adult" as stipulated by the Child Care Regulation to qualify for employment in family child care or school age child care settings.**

### Dates & Times:

Wednesday;  
**March 29th**, 6-9 pm  
Wednesday;  
**April 5th**, 6-9 pm  
Wednesday;  
**April 12th**, 6-9 pm  
Saturday,  
**April 15th**;  
8:30 am - 4:30 pm  
Wednesday;  
**April 19th**, 6-9 pm



**Cost:** \$175 for community or \$90 for new Abbotsford RLNR's  
Cash or Cheque (payable to Abbotsford Community Services)

**Location:** CCRR Office  
#105-32885 Ventura Ave. Abbotsford

**Registration:** Call 604-850-7934 for more info and available spaces or come to the office with payment to sign up.

**\*pre-payment required**

## MAKING SENSE OF ATTENTION PROBLEMS

Attention and agitation issues are increasing at alarming rates among our children and youth. Such restlessness can pose challenges for learning and behaviour at home and school. Adults often feel overwhelmed and confused about how to make headway with a child who cannot seem to focus or sit still. In trying to alleviate symptoms we can unknowingly employ measures that are serving to exacerbate their attention problem. There is much that can be done to help bring a child to rest by understanding the two common roots of attention problems.

**Presenter:** Dr. Deborah MacNamara is a counsellor with a private practice in Vancouver and is on faculty at the Neufeld Institute. She works with parents, educators, child-care and mental health professionals in making sense of kids from the inside out. She is the author of the recently released *'Rest, Play, Grow: Making Sense of Preschoolers (Or Anyone Who Acts Like One)'*.



**Date:** Saturday, April 8th

**Time:** 10:00 am - 2:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or

**[www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)**

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## SELF-REGULATION OF YOUNG CHILDREN THROUGH SOMATIC BASED LEARNING: LET'S MOVE TOGETHER!

Sensory-motor development in the first years of life sets the foundation for healthy brain-body growth. Using movement-based intervention can assist in addressing disabilities or delays. The developmental movement cycle aids in a child's ability to focus, pay attention, recuperate and modulate emotionally. Ongoing physical literacy and interpersonal skills allows them to be successful learners.

In this interactive and experiential seminar, participants will discover ways to support self-regulation in children ages 1 – 5 through an understanding of:

- Neuro-motor movement patterns and their connection to learning
- The self-satisfaction action sequence
- Simple, fast and fun movement-based activities

**Presenter:** Marcia F. W. Jones, BSc., MSc. Marcia is a Certified Movement Analyst (CMA) and Developmental Movement Educator and founder of Inner Dancer – Creative Movement and Dance. She holds a professional certificate in Integrative Body Psychology (IBP) and has trained extensively in other movement therapy practices. She specializes in using movement to enhance early childhood development. She has over 16 years of being inspired by the practice of Gabrielle Roth's 5Rhythms® and is a Certified 5Rhythms® Teacher. She uses the tools of Laban Movement Analysis (LMA), the Bartenieff Fundamentals™, Body Mind Centering (BMC), Brain Compatible Dance Education and other somatic healing practices and expressive arts therapies in her private practice and groups.

**Date:** Tuesday, April 18th

**Time:** 6:30 pm - 9:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** Jasbir Saran Room @ Abbotsford Community Services 2420 Montrose Ave.

**Registration:** 604-850-7934 or

**[www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)**

## RISK TAKING IN PLAY: IT'S TOO DANGEROUS NOT TOO

Drawing on the latest play-work research and practice from around the world, this interactive workshop will cover the role of physical and emotional risk-taking in child-directed free play. Participants will critically reflect upon the impact our risk-averse society has on these opportunities, including a self-assessment of personal comfort levels. Using risk-benefit assessments, participants will take practical steps to identify where and how children in their care can test their physical and emotional limits, while reducing the likelihood or severity of harm.

**Presenter:** Sophie Cooper is an education consultant and play-work trainer from the UK currently living in North Vancouver. Sophie started in the play-work profession over 20 years ago as a play ranger. She has been delivering professional workshops and training courses on child-directed free play for 15 years including the ground-breaking 'Play-work: Principles into Practice' or 'P3' course for Play Wales, and currently tutors on Pop-Up Adventure Play's on-line international Play-work Development in Youth and Community Work. Sophie works to build capacity for rights-respecting, participatory and playful ways of working with children and youth.

**Date:** Saturday, May 6th

**Time:** 9:30 am - 4:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** Jasbir Saran Room @ Abbotsford Community Services 2420 Montrose Ave.

**Registration:** 604-850-7934 or

**[www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)**



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## EMERGENCY CHILD CARE FIRST AID/CPR LEVEL B

This 8.5 hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There also is a section on child safety.

The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use.

**\*This course is offered twice per year**

**Instructor:** Karen Clark as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought after in this field.

**Instructor:** Karen Clark, Vital Link

**Date:** Saturday, May 13th

**Time:** 9:00 am - 5:30 pm

**Cost:** \$90, must prepay to register, pay by cash or cheque (payable to Abbotsford Community Services)

**Location:** CCRR Office





## PROFESSIONALISM AND PARTNERING WITH PARENTS

As family child care providers we are often the parents first line of information about child development, behaviours, and community resources. As well, we are sometimes a sounding board for the stresses they feel in their lives. In this workshop we will look at who are the parents of the children we care for, how we get to know them and the power of good old fashioned conversation. Through understanding of culture we will be better able to work with each child and their families. We will also look at how to maintain your professionalism from the time you have first contact on the telephone to the final day of attendance of the child at your centre.

**Presenter:** Vicki Lepper has been providing licensed child care in Coquitlam since 1989. Vicki is a passionate child care advocate and was a board member for BC Family Child Care Association from 2011 to 2015. Vicki presents workshops, networks with child care providers and is also actively involved in her community. Vicki has been nominated for many awards and in 2012, she was the "Individual" recipient of "The Tri-Cities Award of Excellence Working with Young Children" for her exceptional work for making the Tri-Cities a better place for families and children. She holds a Forest School Level 1, an MA in Community Education and a Post-Graduate Diploma in Youth and Community Work.

**Date:** Tuesday, May 23rd

**Time:** 6:30 pm - 9:30 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or [www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)

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## SIGN ME A STORY: VOLUME ONE

Stories are a fundamental part of a child's life. Make it fun by telling the story in sign. Children enjoy imitating and participating with these stories. Signing stories is also an inclusive activity to do in any centre. In Sign Me A Story: Volume One, you will learn how to do the stories *Brown Bear*, *Brown Bear* and *The Three Little Pigs*.

**Presenter:** Kim Brown is an Early Child Care Special Needs Educator working on her Masters with over 30 years as a consultant, instructor, teacher and facilitator, all relating to family and children services.

**Date:** Wednesday, June 7th

**Time:** 7:00 pm - 9:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or [www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)

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## AN EXPLORATION OF FOREST AND NATURE SCHOOLS

Come and learn about the philosophy and practice of Forest & Nature Schools in Canada. We'll discuss outdoor activities, risk-management, and how to be prepared and comfortable in all weather. We will also explore some hands-on skills to deepen our practice and discuss shelter building, knot tying/rope-play, common local plants (edible and non-edible) and oral storytelling.

**Presenter:** Cara Agro is the lead facilitator of both Fresh Air Learning and Out and About Adventures. She feels fortunate to be able to spend most of her time engaged in open ended, child-led, place-based play with children, both in Pacific Spirit Park and Trout Lake. Cara has completed her ECE at VCC and holds a B.A. in English and Cultural Studies.

**Date:** Saturday, June 24th

**Time:** 10:00 am - 2:00 pm

**Cost:** \$10 members, \$15 non-members

**Location:** CCRR Office

**Registration:** 604-850-7934 or [www.abbotsfordccrr.ca/workshops](http://www.abbotsfordccrr.ca/workshops)

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Training Calendar  
January - June 2017  
**[www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)**