

Abbotsford Child Care Resource & Referral Program



TRAINING CALENDAR September - December 2017

- Emergency Child Care First Aid
- Creating Meaningful Transitions in Child Care
- 20 Hour Responsible Adult Course
- Conference: Anxiety and Anger: Your Role with Children and Youth
- Creating Invitations to Play
- Stories and Rhymes for Young Children
- Fraser Valley Reggio Emilia Resource Box Training
- Big Feelings to Calm: How do Children Develop Emotional Regulation?
- What it's Like - The Changing Role of the Canadian Dad
- Super Hero Play
- Intentional Programming

PLEASE NOTE:

- **Training certificates** will be issued at the end of the workshop. To receive a certificate you must arrive on time, participate, and stay for the entire session.
- **Late arrivals** of more than 15 minutes will not be admitted to workshops.
- **Children:** Unfortunately, we are unable to accommodate children during a workshop. Please make alternate arrangements.
- **Registration** - Prepayment is required for all workshops. Credit card payment can be taken over the phone. Debit, cash, or cheque payments are taken in office.
- **Methods of payment** - Credit (Visa or MasterCard), debit, cash, or cheque (payable to Abbotsford Community Services).
- **Workshop cancellations** - Registrants can cancel up until two full business days prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of issue. No refunds will be issued. Due to unforeseen circumstances, workshops may be subject to change or cancellation.

CONTACT US:

Phone:

604-850-7934

Fax:

604-850-7932

Email:

ccrr@abbotsfordcommunityservices.com

Office Hours:

Monday to Friday

8:30 am - 4:30 pm

Website:

Sign up online

www.abbotsfordccrr.ca

WORKSHOP LOCATIONS:

CCRR Office:

#105-32885 Ventura Avenue

Abbotsford, BC, V2S 6A3

Abbotsford Community Services:

Jasbir Saran Room

2420 Montrose Avenue

Abbotsford, BC, V2S 3S9

Cost:

\$10 Members

\$15 Non-members

EMERGENCY CHILD CARE FIRST AID/CPR LEVEL B

This 8 hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There is also a section on child safety.

The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use.

***This course is offered twice per year.**

Instructor: Karen Clark, as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought-after in this field.

Date: Saturday, September 9th

Time: 9:00 am - 6:00 pm

Cost: \$90, must prepay to register, pay by cash or cheque (payable to Abbotsford Community Services).

Debit and credit will be available after July 1st.

Location: CCRR Office

CREATING MEANINGFUL TRANSITIONS IN CHILD CARE

Transitions in the daily routine can be challenging for some children, and as early childhood educators, we must think with intent about how to provide smooth, playful and necessary transitions for young children. This workshop will allow participants to explore how transitions can nurture children's curiosity, provide an opportunity for caregivers to connect with children, and inspire them to find different ways to help children adapt to the necessary changes in their day.

Presenter: Andrea Dawson has worked with children and families for over 20 years in both inclusive and non-profit centres. Andrea worked as part of the Early Childhood Mental Health team with Vancouver Coastal and currently teaches at Langara College in the Early Childhood Education department.

Date: Tuesday, September 12th

Time: 6:30 pm - 9:00 pm

Cost: \$10 members, \$15 non-members

Location: CCRR Office

Registration: 604-850-7934 or

www.abbotsfordccrr.ca/workshops



20 HOUR RESPONSIBLE ADULT COURSE

FALL 2017

Description:

This course was developed to meet the requirements for 20 hours of training for “Responsible Adult” as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of a degree).

DATES & TIMES:

Wednesday, September 13th; 6-9 pm

Wednesday, September 20th; 6-9 pm

Saturday, September 30th; 8:30 am - 4:30 pm

Wednesday, October 4th; 6-9 pm

Wednesday, October 11th; 6-9 pm



Cost: \$175 for community or \$90 for new Abbotsford RLNR's
Cash or cheque (payable to Abbotsford Community Services).
Debit and credit will be available after July 1st

Location: CCRR Office #105-32885 Ventura Avenue, Abbotsford

Registration: Call 604-850-7934 for more info and available spaces or come to the office with payment to sign up. **Pre-payment required.**

Anxiety and Anger: Your Role with Children and Youth

Making Sense of Anxiety in Children & Youth

As many as 20% of children qualify for an anxiety disorder diagnosis, making it the most common mental health issue. Anxiety can take many forms including obsessions, compulsions, phobias as well as other perplexing behaviours. We cannot treat something we do not understand, so making sense of anxiety is fundamental in making headway. This presentation will bring a fresh and promising perspective to one of our most troubling human problems.

Presenter: Deborah MacNamara, PhD is on the Faculty at the Neufeld Institute, is the author of *Rest, Play, Grow: Making Sense of Preschoolers*, and also operates a counselling practice supporting families. Deborah facilitates all of Dr. Neufeld's courses, and is the Course Coordinator for *Making Sense of Attention Problems*, *Making Sense of Preschoolers* and *The Science of Emotion*. A dynamic and passionate presenter, Deborah provides presentations to parents and professionals regarding learning and behavioural issues presented by children of all ages.

Anger and Eruptions: A Caregiver's Role in Understanding Anger & What to do About it

Anger in children is one of those emotions that often takes us by surprise, and indeed provokes interesting responses out of us as caregivers. Where does anger come from? When is it a problem? What does anger have to do with brain development? This workshop will take on the task of helping caregivers understand the NEEDS of children when anger erupts. We will explore the emotional pathways that lead to angry explosions and we will seek to understand how to respond in ways that calm rather than agitate, helping to facilitate growth for the developing brain.

Presenter: Rebecca Mitchell has a Master's Degree in Developmental Psychology and is a Registered Clinical Counsellor. Her post-graduate training encompassed the areas of Attachment, Developmental Trauma, Infant Mental Health, and Play Therapy. She joined The Wishing Star team with over 20 years of experience in supporting kids and families by addressing challenges related to anxiety, behaviour, early trauma and mood difficulties.

Date: Monday, October 16th, 2017

Time: 9:00 am to 3:00 pm (Sign-in starts at 8:15 am; refreshments will be available)

Cost: \$75 Early Bird (ends September 15th) \$ 90 General Admission (registration ends October 10th). Registration includes admission, morning coffee, refreshments and a full lunch .

Registration: Certificates provided for attending full day event. Tickets will NOT be sold at the door. Please go to Eventbrite to register -

<https://www.eventbrite.ca/e/anxiety-and-anger-your-role-with-children-and-youth-registration-31488155922>

Location: Cascade Community Church, 35190 Delair Rd. Abbotsford, BC

Presented by:

Caregiver Support Program, Child Care Resource & Referral, and the Ministry of Children and Family Development

CREATING INVITATIONS TO PLAY

Invitations to play are simple set up of toys, play material, loose parts, art materials etc. Organized to provoke creativity and open ended play, this hands-on, fun and practical workshop looks at how to create invitations to play. The workshop will provide many examples and resources that will spark new ideas and inspirations for anyone that works with children.

Presenter: Vicki Lepper facilitates workshops and networks with ECE and child care providers, sharing her knowledge and experience with professionals. Vicki has been providing licensed child care since 1989 in Coquitlam, is actively involved in her community and has received many awards for her exceptional work with children and families.

Date: Saturday, September 23rd
Time: 9:00 am - 1:00 pm
Cost: \$10 members, \$15 non-members
Location: CCRR Office
Registration: 604-850-7934 or
www.abbotsfordccrr.ca/workshops



STORIES AND RHYMES FOR YOUNG CHILDREN

Come and learn easy stories you can tell to engage young listeners. There will be some to read-aloud, some to tell using a felt board, one to draw-and-tell, one to fold-and-tell, and lots to tell by memory (without props). Most will be traditional folk tales from around the world that children love to hear, and participation tales that children can join in on.

Presenter: Jane Cobb is a Children's Librarian with 30 years experience working with children and their families. She has been Coordinator of Parent-Child Mother Goose Programs for Vancouver Public Library; a trainer for the Parent-Child Mother Goose Program based in Toronto; an Instructor of Children's Services in the Library Technician Program at Langara College; and is now a freelance teacher, storyteller and consultant. Jane is the author of two popular resources for librarians, teachers, and care providers: *What'll I Do with the Baby-o* and *I'm a Little Teapot*.

Date: Saturday, October 7th
Time: 10:00 am - 1:00 pm
Cost: \$10 members, \$15 non-members
Location: Jasbir Saran Room @ Abbotsford Community Services 2420 Montrose Ave.
Registration: 604-850-7934 or www.abbotsfordccrr.ca/workshops



FRASER VALLEY REGGIO EMILIA NETWORK RESOURCE BOX TRAINING

If you are interested in borrowing the resource boxes, please fill out our FVREN Library Membership form at Abbotsford CCRR and attend an upcoming FVREN Workshop. After doing so you will receive a Library Card to use for these resource boxes. The boxes are available on loan for two weeks at a time and will be housed at CCRR. These boxes contain books and materials which can be used in a variety of settings with emergent curriculum in mind. The boxes available for borrowing are: Light Table, Atelier (art studio), Science, Sensory, Loose Parts, and Exploration.

Join us to learn how you can use the resource boxes at your centre in creative ways. Training is required if you wish to check-out a FVREN resource box in future.

Presenters: Wanda Cole and Stephanie Crosby (FVREN and Growing Together Children's Centre)

Date: Thursday, October 19th

Time: 7:00 pm - 9:00 pm

Cost: \$10 members, \$15 non-members

Location: CCRR Office

Registration: 604-850-7934 or www.abbotsfordccrr.ca/workshops



The Fraser Valley Reggio Emilia Network was developed to support Early Childhood Educators and teachers in adopting negotiated curriculum and inquiry based learning into their programs, and to assist them in setting up indoor and outdoor environments to act as the third teacher.

FROM BIG FEELINGS TO CALM: HOW DO CHILDREN DEVELOP EMOTIONAL REGULATION?

Children are born with the capacity to feel all range of emotions, yet they are not born with the capacity to manage all of these big feelings. This workshop will explore how emotional regulation develops in children and our role as caregivers in this development; what we need to understand and who we need to be to a child, to grow settled and resilient brains that can manage much of what life brings.

Presenter: Rebecca Mitchell has a Master's Degree in Developmental Psychology and is a Registered Clinical Counsellor. She approaches her work eclectically by incorporating aspects of her post-graduate training in the areas of Attachment, Developmental Trauma, Infant Mental Health, and Play Therapy. She has over twenty years of experience in supporting kids and families in a variety of settings including community based agencies, child and youth mental health, and private practice. Rebecca cherishes the opportunity to work together with both parents and children in addressing challenges related to anxiety, behaviour, early trauma and mood difficulties, maintaining a focus on enhancing and strengthening parent-child relationships. Rebecca brings a strong sense of compassion to her work helping big people understand and respond to children in ways that promote a strong relationship, self-regulation and a positive sense of self.

Date: Thursday, October 26th

Time: 6:30 pm - 8:30 pm

Cost: \$10 members, \$15 non-members

Location: CCRR Office

Registration: 604-850-7934 or www.abbotsfordccrr.ca/workshops

WHAT IT'S LIKE - THE CHANGING ROLE OF THE CANADIAN DAD

How do we perceive the Dads we work with? In the often female dominated setting of drop-in's and child-care services, interactions with Dads can be confusing, and less productive than we may like. What are some of the keys to providing an inclusive and welcoming response to the other parent of the children we work with? Join us for an interactive workshop with Abby Dads staff, and possibly, a parent guest speaker that has chosen to step out and embrace his parenting role. Hear his personal experience, and participate in an interactive group that will focus on how to create a more Dad friendly environment.

Presenter: Reg Unrau has done front-line work with the Abby Dads program at Abbotsford Community Services for five years. Prior, he worked with multiple agencies focused on housing, and youth work. Reg spends his time supporting Dads, Moms, and kids, with the intentional plan of creating new strategies for them to thrive in, and to nurture the healthiest environment for childhood growth. He currently enjoys being involved with the New Beginnings Young Parent Program, in pre and post-natal groups at Best For Babies, parent training sessions, drop-in groups for Dads (and Dads with their kids), and any other new projects or organizations that express a passion for empowering Dads to create healthier families.

Date: Tuesday, November 7th

Time: 6:30 pm - 8:30 pm

Cost: \$10 members, \$15 non-members

Location: CCRR Office

Registration: 604-850-7934 or www.abbotsfordccrr.ca/workshops

SUPERHERO PLAY

I have recently returned to working in a preschool, and found superhero play is something educators are struggling with. A question I often hear is, "should we allow it?" I believe we should when we combine superhero play with the characteristics of kindness and caring, and with negotiation and problem-solving skills; we can help develop their social and emotional development. All children have a right to play. This includes superhero play, sometimes weapon play, and shocking themes like shooting storm troopers! The aim of my workshop is to facilitate a discussion on superhero play. I want to connect and share with everyone my experience, and hope to open a forum to discuss and share all of our ideas. Knowledge is power, and I hope after completing this workshop you will have a clear idea on how to deal with superhero play.

Objectives: Understand what children mean when they use superhero play; Discuss possible ways to manage and guide this type of play; investigate the possibilities that superhero play can bring to the centre; Explore policies/guiding and caring philosophies we have on superhero play; Review current research on superhero play.

Presenter: Sarah McCarthy has a Bachelor of Science in Education and Training, a Diploma in Early Childhood Education, Montessori Training (0-12 years) and a certificate for working with Children with Special Needs. Sarah has been in the educational field for over 15 years. She has taught in Reggio preschools, play-based centres, Montessori schools, and was an Early Childhood Coordinator and Instructor for a private college.

Date: Saturday, November 18th

Time: 9:30 am - 12:30 pm

Cost: \$10 members, \$15 non-members

Location: Jasbir Saran Room @ Abbotsford Community Services 2420 Montrose Ave.

Registration: 604-850-7934 or www.abbotsfordccrr.ca/workshops

INTENTIONAL PROGRAMMING

Identifying where children are developmentally and emotionally allows for the educator to plan purposefully for the children in their care. Eric Erikson's stages of development and Importance of healthy attachments are the foundation of this workshop. If you are looking at ways to expand your image of the child and philosophy, this workshop is for you.

Presenter: Paula Milbradt has served children, family, community, and professionals over the last 25 years. Paula moved to Surrey BC in 2011 to support the Educators who work as preschool teachers with the City of Surrey. She, along with her colleague, implemented responsive curriculum. Paula was responsible for outdoor play spaces, and curriculum planning that strengthens healthy child development. Sixteen years ago, she was a foster parent to four boys which inspired her to share the power of social emotional brain development with those working with young children. Paula has presented to numerous groups inclusive of CHOM, various CCRR groups, YMCA parent groups, and at various conferences. Paula believes that not only does it take a village to raise a child, but the child to fill the village with their innovation and creativity.

Date: Saturday, December 2nd

Time: 9:30 am - 2:30 pm

Cost: \$10 members, \$15 non-members

Location: CCRR Office

Registration: 604-850-7934 or www.abbotsfordccrr.ca/workshops

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