

ABBOTSFORD CHILD CARE RESOURCE & REFERRAL PROGRAM



TRAINING CALENDAR January - June 2019

- Reflection, Approach and Self-Regulation
- Is Time-Out Outdated?
- Fraser Valley Reggio Emilia Network - Atelier & Light Table
- Emergency Child Care First Aid
- Multi-Age Daycare - The Gift of Community
- Fraser Valley Reggio Emilia Network - Loose Parts & Science
- 20 Hour Responsible Adult
- Identifying and Preventing Bully Culture in School Age Settings
- Bringing Natural Elements Inside
- Learning from the Highly Sensitive Child
- When Young Children Erupt
- Making Music for Fun...In the Spring
- The Hows and Whys of Hiring, Supervision and Resolving Staff Issues
- Pink & Blue: The Development of Gender in Early Childhood

PLEASE NOTE:

- **Training certificates** will be issued via email within 5 business days. To receive a certificate you must arrive on time, participate, and stay for the entire session.
- **Late arrivals** of more than 15 minutes will not be admitted to workshops.
- **Children** - Unfortunately, we are unable to accommodate children during a workshop. Please make alternate arrangements.
- **Registration** - Prepayment is required for all workshops. Credit card payment can be taken over the phone. Debit, cash, or cheque payments are taken in office.
- **Methods of payment** - Credit (Visa or MasterCard), debit, cash, or cheque (payable to Abbotsford Community Services).
- **Workshop cancellations (regular workshops)** - Registrants can cancel up until two full business days prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of issue. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we would issue a refund.
- **Course cancellations (First Aid and Responsible Adult)** - Registrants must cancel one week (5 business days) prior to the course/class start date in order to receive a refund. The original receipt must be provided prior to refund.
- **Workshop location** - Workshops will be held at Abbotsford Community Services in the Jasbir Saran room (B100), unless otherwise stated.

Phone:

604-850-7934

Email:

crr@abbotsfordcommunityservices.com

Office Hours:

Monday to Friday
8:30 am - 4:30 pm

Cost:

\$10 Members
\$15 Non-members

**Abbotsford Community Services;
Jasbir Saran Room (B100)**

2420 Montrose Ave.
Abbotsford, V2S 3S9

CCRR Office:

#1B - 33820 South Fraser Way
Abbotsford, V2S 2C5

***We will be open at our new
location as of December 5th, 2018**

REFLECTION, APPROACH AND SELF REGULATION

This hands on workshop will establish a deeper understanding of how your role as an educator impacts the relationships with the children in your care and how self care and personal reflection supports your own well - being. Social emotional maturity and competence will be visited and ways to empower young children in your care. We will also look at ways to program plan in an empowering way!!!

Presenter: Paula Milbradt is the founder of Empowermil and began her journey sharing her passion with others after she fostered 4 boys 17 years ago. Paula continues to find ways to connect the heart and mind to the work that she does and those who impact the lives of children. She has been serving children, family and community for over 25 years and has been in BC for the last 7 years, where she supports curriculum development and relationships.

Date: Saturday, January 12th, 2019

Time: 9:30 am - 1:00 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

IS TIME-OUT OUTDATED?

Time-out or time-away is often used as a means to discipline children in child care. It is important to refine the understanding of this technique and propose alternative ways of not only guiding the behavior but also to

focus on understanding the triggers and elements that cause it. Understanding the context of behavior will present educators with an alternative approach to guidance and at the same time offer the child an array of problem solving skills, including the ability to self-regulate over time. Even though sometimes to sit in solitude for a few moments is all a child needs to switch gears, labeling it as *time-out* will tend to impose "self-control". This lacks key understanding of behavior challenges, rather than an opportunity to learn how to cope with frustration and modify undesired behavior.

Presenter: Ana Vojnovic is an educator, artist and designer. Her pedagogical and creative practices are an integrated interdisciplinary response to basic questions of how built/designed environments affect and condition human perception, communication, learning, and socialization.



Date: Saturday, February 9th, 2019

Time: 10:00 am - 2:00 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services;
Jasbir Saran Room (B100)

FRASER VALLEY REGGIO EMILIA NETWORK - ATELIER & LIGHT TABLE

The Fraser Valley Reggio Emilia Network was created to support early childhood educators and teachers in adopting negotiated curriculum and inquiry based learning into their programs, and to assist them in setting up indoor and outdoor environments that act as the third teacher. We have developed a series of resource boxes to inspire educators. Join us to learn how you can use the resource boxes at your centre in creative ways. Training is required if you wish to check out a FVREN resource box in the future.

Presenters: Stephanie Crosby and Wanda Cole teach at Growing Together Children's Centre and are excited to share their love of the Reggio Emilia Approach and Outdoor Education. Their love for nature, creating aesthetically pleasing, functional environments for children, and working in a co-constructive manner alongside others is fulfilled when teaching this way.



Date: Wednesday, February 20th, 2019

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

EMERGENCY CHILD CARE FIRST AID/CPR LEVEL B

This 8-hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There is also a section on child safety.

The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use.

*This course is offered twice per year with Abbotsford CCRR

Instructor: Karen Clark as the owner and operator of The Vital Link, has been teaching Red Cross First Aid and CPR courses for over 20 years. She has taught locally, provincially, nationally and internationally. Karen's background and certification in ECE has made her very sought after in this field.

Date: Saturday, March 2nd, 2019

Time: 9:00 am - 6:00 pm

Cost: \$90

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

MULTI-AGE DAYCARE: THE GIFT OF COMMUNITY

Multi-age care offers a special opportunity for children to grow within a community of other children which reflects how children would have historically matured. A child may start as the baby of a group and over time become the oldest child leading the play. This workshop is based on Katelyn Moon's work as the owner and educator of Saplings Early Learning Childcare which is a thriving, well regarded, multi-age program in Chilliwack BC. In this workshop, we will examine the advantages of multi-age care by exploring the possibilities of rich program development complemented with theories of child development.

Presenter: Katelyn Moon is a proud early childhood educator who has been working in the ECE field since 2008. She is passionate about teaching children while honouring their uniqueness, individuality and developmental needs. Katelyn is an entrepreneur with an early learning program in Chilliwack which focuses on social learning, emotional intelligence, and outdoor learning. Katelyn enjoyed being a student as well as a teacher and is dedicated to her ongoing learning in leadership, licensing and teaching.



Date: Wednesday, March 6th, 2019

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

FRASER VALLEY REGGIO EMILIA NETWORK - LOOSE PARTS & SCIENCE

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Presenters: Stephanie Crosby and Wanda Cole teach at Growing Together Children's Centre and are excited to share their love of the Reggio Emilia Approach and Outdoor Education. Their love for nature, creating aesthetically pleasing, functional environments for children, and working in a co-constructive manner alongside others is fulfilled when teaching this way.

Date: Wednesday, March 20th, 2019

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

20 HOUR RESPONSIBLE ADULT COURSE

This course was developed to meet the requirements for 20 hours of training for "Responsible Adult" as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of a degree).

Presenter: Sharon Crowley is an instructor of Early Childhood Education with Delta Continuing Education. She teaches Early Childhood courses as well as coordinates the Delta ECE Diploma program. Sharon is a mother and grandmother with a passion for working with children and families.



Dates and Times: Wednesday Classes: April 3rd, 10th, 17th, & 24th, 2019, 6:00 pm - 9:00 pm.

Saturday Class: April 20th 8:30 am - 4:30 pm

Cost: \$175 for community or \$90 for new Abbotsford CCRR RLNR's

Location: 2420 Montrose Ave, Jabir Sara Room (B100)

IDENTIFYING AND PREVENTING BULLY CULTURE IN SCHOOL AGE SETTINGS

This 3-hour workshop is designed for educators working with children ages 3 to 12. Participants learn how bully culture develops and how with intentional programming, space for bullying can be reduced by using specific tools, techniques and strategies such as: The British Columbia Early Learning Framework, Safe Spaces in School Age Care (Bully-prevention for pre-school and school aged children) and Zones of Regulation.

Presenter: Tyler Summers ECE, SACCC, has been working in School Age Care for two decades and is currently the Executive Director at Jericho Kids Club Child Care Society and a member of the School Age Child Care Association of British Columbia. He also serves as Chair of the Vancouver Community College Early Child Care and Education Program Advisory Committee and is a session instructor for the ECCE program at VCC. He is also a father and husband with a side passion for freelance writing, martial arts and yoga.

Date: Saturday, April 6th, 2019

Time: 9:30 am - 12:30 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

BRINGING NATURAL ELEMENTS INTO YOUR LEARNING ENVIRONMENT

Changing our learning environments to provide children with wonderful, inspiring natural learning spaces where we can foster connections to nature. In this workshop you will get to examine your current childcare space and be encouraged to dream, plan and implement new ways of bringing beautiful things into your space! Come prepared with paper and pen. There will be a lot of hands on learning, examples and brainstorming together. You will walk away with new inspiration!

Presenter: Alisha Inch has been working in the ECE field for over 20 years with all ages of children. She left Canada for a few years to work with children overseas. 10 years ago she opened her own preschool in Surrey and also is an ECE Instructor at a local college.



Date: Thursday, April 11th, 2019

Time: 7:00 pm - 9:00 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services;
Jasbir Saran Room (B100)

LEARNING FROM THE HIGHLY SENSITIVE CHILD

In this presentation, April will speak about Highly Sensitive Children (HSC): how to identify them; how to capitalize on the special qualities that HSC possess such as keen senses, high empathy and intuition; how these qualities are actually needed for resilience; and the areas in which these qualities can be encouraged and valued within group processes (based on the research of Elaine Eron and Dr. Kimberly Schonert-Reichl). She will also give practical ideas and solutions for programming when working with HSC in early childhood, child care and school-age settings.

Presenter: April Martin-Ko's work has involved diverse children and families for over 20 years. She is the Provincial Coordinator for the Parent-Child Mother Goose Program® in BC. She also studies Play Therapy and is using these techniques one-on-one with children on the Autism Spectrum. She holds a Bachelor of Education and is continuing her studies towards a Masters of Education in Early Childhood Education at UBC, focusing on Social/Emotional Development. April is passionate about the power of storytelling and believes cultivating imagination fosters resilience in children and families.

Date: Saturday, April 27th, 2019

Time: 9:30 am - 1:00 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

WHEN YOUNG CHILDREN ERUPT: HELPING YOURSELF STAY STEADY IN TOUGH SITUATIONS

Some days you have to deal with a child or their parent who lashes out. Often you can see it brewing and you want to step in early. You also notice it's hard on you. Maybe your stomach begins to churn or your neck or jaw tightens. Your workplace has a specific protocol. You know what you're supposed to do and telling yourself to breathe before stepping in just isn't enough to ease the tension inside. Automatic physical reactions need physical strategies. This experiential workshop draws on the concepts of interactive neurobiology and self-regulation to teach you practical techniques to use in these difficult moments. Objectives: Practice picking up earlier signs that a child is about to erupt. Learn physical strategies you can use right in the moment to ease the tension you feel. Explore and practice methods to support yourself so you can act more calmly and effectively.

Presenter: Shayna Hornstein is an adult educator, body-focused counsellor and registered physical therapist. Her organizational development work improves resilience and workplace communication. In her clinical practice she helps people lessen the impact that stress has on their bodies. She especially enjoys supporting frontline child care educators and caregivers, for they do critical work that builds healthy communities.



Date: Saturday, May 4th, 2019

Time: 10:00 am - 4:00 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

MAKING MUSIC FOR FUN...IN THE SPRING

Let's jump into spring with a wonderful collection of songs and poems. Come join Chris as she shares spring inspired music through song, movement, instrument play and drama. Come ready to move, sing and play. You will receive a song booklet.

Presenter: Christine Roskelley an ECE with over 30 years experience. For the past 24 years she has worked as a self-employed music enrichment teacher primarily at UBC Child Care. Along with her work with children she instructs the music components in the ECE training programs at Burnaby Continuing Education and Delta Continuing education.

Date: Saturday, May 25th, 2019

Time: 9:30 am - 12:00 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

THE HOW'S AND WHY'S OF HIRING, SUPERVISION AND RESOLVING STAFF ISSUES

Our human resources are one of the keys to maintaining quality in our child care programs. We will look at values, strategies and practices for finding, developing and keeping quality staff.

Presenter: Christine Hibbert is an ECE and School Age Educator and an experienced facilitator. Christine has worked in the field of childcare for more than 30 years, beginning her career as a teacher in England. She worked in family child care and pre-schools before becoming Executive Director at Jericho Kids' Club, Out of School Care in Vancouver. Recently retired from JKC, Christine continues to be an involved advocate and passionate educator in the childcare community.

Date: Saturday, June 8th, 2019

Time: 9:30 am - 2:30 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

PINK AND BLUE: THE DEVELOPMENT OF GENDER IN EARLY CHILDHOOD

As soon as a baby bump shows, parents-to-be are constantly asked the question, "Is it a boy or a girl?" Gender is determined at conception and assumptions are made about who the child is going to be. But how much of gender is nurture rather than nature? Are girls naturally sugar and spice and everything nice, is there genetically a reason why "boys will be boys"? How do outside factors like gender stereotypes, social influences, culture and biases have an influence on how children develop their understanding of gender? This workshop will examine the development of a child understanding gender in early childhood, how even unconscious gender biases can hinder a child meeting their potential and how to support gender equality in the early years.

Presenter: Katelyn Moon is a proud early childhood educator who has been working in the ECE field since 2008. She is passionate about teaching children while honouring their uniqueness, individuality and developmental needs. Katelyn is an entrepreneur with an early learning program in Chilliwack which focuses on social learning, emotional intelligence, and outdoor learning. Katelyn enjoyed being a student as well as a teacher and is dedicated to her ongoing learning in leadership, licensing and teaching.



Date: Wednesday, June 19th, 2019

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Abbotsford Community Services; Jasbir Saran Room (B100)

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www.abbotsfordccrr.ca