

# ABBOTSFORD CHILD CARE RESOURCE & REFERRAL



## TRAINING CALENDAR

September - December 2020

- Invitations to Play - Online
- Reaching and Teaching Children in Challenging Times - Online
- What does Classroom Management Mean to You - Online
- Learn and Play with Social Media - Online
- Art and Craft in Pedagogical Practice Part 1 & 2 - Online
- Making Music for Fun... in the Fall
- Psychological First Aid - Online
- Making Space for Outdoor Risky Play in the Time of COVID-19 and Beyond - Online
- Kids at Hope - Online
- Development, Red Flags and Difficult Conversations Part 1 & 2 - Online
- 20 Hour Responsible Adult Course
- Emergency Child Care First Aid
- What Young Children Need You to Know - Online
- Providing Care for Children from Two Home Families - Online

## PLEASE NOTE:

- **Training certificates** will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, and stay for the entire session.
- **Late Arrivals** of more than 15 minutes will not be admitted to the workshop.
- **Registration** - Prepayment is required for all workshops. Credit card payment can be taken over the phone. Debit, credit, or cheque payments are taken in office.
- **Methods of payment** - Credit (Visa or MasterCard), debit, or cheque (payable to Archway Community Services). We are not accepting cash at this time.
- **Workshop cancellations (regular workshops)** - Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we would issue a refund.
- **Course cancellations (First Aid and Responsible Adult)** - Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.
- **Workshop location (In Person)** - Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.
- **Workshop location (Online)** - Online workshops will be held via Cisco Webex. You do not need to make an account for Webex as we will send you a link to the workshop. You will need a laptop or smart phone with access to internet, video and audio. We require your video stays on for the entire workshop.

### Phone:

604-850-7934

### Email:

ccrr@archway.ca

### Office Hours:

- Monday to Friday  
8:30 am - 4:30 pm
- Tuesday  
8:30 am - 7:00 pm
- Saturday (Starting September 2020)  
8:30 am - 3:30 pm

### Cost:

\$10 Members, \$15 Non-members

### Archway Community Services;

2420 Montrose Ave.

Abbotsford, V2S 3S9

### CCRR Office:

#1B - 33820 South Fraser Way

Abbotsford, V2S 2C5

## **IN PERSON WORKSHOPS AND COURSES COVID-19 PRECAUTIONS:**

### **What to expect when you arrive:**

- Before admittance to class a self-assessment questionnaire will be done by a CCRR staff member.
- All participants/instructors must sanitize their hands upon entry to the building.
- We ask that you arrive no more than 15-minutes early.

### **First Aid Course:**

- All non-disposable equipment and mannequins used during the class will have been cleaned and sanitized prior to the student use according to manufactures directions.
- All surfaces in the classroom will have been cleaned prior to the start of each training session.
- All participants must maintain a physical distance of at least two meters from other people during training (when possible).
- Participants are given a package with face mask, gloves, manual, pen and their own pocket mask.
- In person training classes will be a limited number to accommodate classroom size and meet physical distancing requirements.
- Hand hygiene should be performed at the beginning and end of the class, before and after breaks, after use of the restroom, before and after skills practice sessions and when wearing gloves, hand hygiene should be done before putting on gloves and after removing them.
- Gloves will be worn during skill practice.
- Pocket masks will be used for mannequin use to avoid direct contact with the mannequin.
- 1 to 1 student to mannequin ratio will apply.
- Please bring your own food and beverages for the day.

### **Responsible Adult Course:**

- In person training classes will be a limited number to accommodate classroom size and meet physical distancing requirements.
- All surfaces in the classroom will have been cleaned prior to the start of each training session.
- All participants must maintain a physical distance of at least two meters from other people during training (when possible).
- Hand hygiene should be performed at the beginning and end of the class, before and after breaks and after use of the restroom
- Please bring your own food and beverages for the day.

## INVITATIONS TO PLAY

Join me in discovering the value and importance of provocations—we as educators can support child development by following the children's interests as we create environments and experiences for children to explore.

**Presenter:** Julie Hansen: I became an Early Childhood Educator in the year 2000. Since then, I have gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. My primary focus has evolved to encompass team leadership, management training and program development. I have had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership.



**Date:** Tuesday, September 15, 2020

**Time:** 6:30 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online

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## REACHING AND TEACHING CHILDREN IN CHALLENGING TIMES

Right now, our children are experiencing great stresses and some may be experiencing anxiety or even some trauma. We may be seeing some new behaviours and wonder what it all means. Let's talk about how the brain is wired for safety and how it responds to stress. We will look at how we can help our-selves and our children feel safe, learn and grow. We will also see how this might affect some of our neurodivergent thinkers - those children who think differently (ADHD, Autism Spectrum Disorder)

**Presenter:** Pam Collins is the very proud parent of two very different thinking young adult sons! She is also a Positive Behaviour Support Consultant/Parent Trainer for Reach Child and Youth Development Society. She is a recognized educational speaker for families and teaching staff of exceptional children. She is a co-founder of the Richmond Autism Interagency Committee – a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.

**Date:** Saturday, September 19, 2020

**Time:** 9:30 am - 12:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online

## WHAT DOES CLASSROOM MANAGEMENT MEAN TO YOU?

Discover strategies for developing a nurturing, democratic classroom culture. Engage children in learning how to navigate peer-to-peer situations, negotiate, problem solve and develop critical thinking. Learn how to create an environment that supports social-emotional development through connection to help provide opportunities for children to gain independence.

**Presenter:** Julie Hansen: I became an Early Childhood Educator in the year 2000. Since then, I have gained experience in a variety of areas within the field of Early Childhood Education: director of a preschool, supervisor of after-school care as well as 3-5 and Infant Toddler programs. My primary focus has evolved to encompass team leadership, management training and program development. I have had articles published in provincial and national ECE journals on the topic of emergent curriculum and leadership.

**Date:** Tuesday, September 22, 2020

**Time:** 6:30 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online

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## LEARN AND PLAY WITH SOCIAL MEDIA

Are you using Facebook for your Social Media Marketing? Can you use Facebook as a tool for communicating with families? During the work shop you will discover how you can use Facebook for your child care business.

You will learn and play: How to create a Facebook business page, pages to follow and Groups to join

Using Facebook as a communication tool for families. We will also touch on using Instagram and Twitter too.

**Presenter:** Vicki Lepper was providing licensed family child care in Coquitlam from 1989-2018 and is a passionate child care advocate. Vicki presents many workshops and believes in sharing her knowledge with those who have chosen a career working with children and families.

**Date:** Saturday, September 26, 2020

**Time:** 9:30 am - 12:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online





## ART AND CRAFT IN PEDAGOGICAL PRACTICE PART 1 & 2

During this workshop we will try to understand why art and craft have traditionally been placed in opposition to one another, and how this impacts the way we engage children in creative processes. By demonstrating that art and craft are on a non-hierarchical continuum, we will come to appreciate how every creative experimentation, both guided and naturally occurring, has value and potential.

**Presenter:** Ana Vojnovic works as an educator (UBC Child Care), artist-designer and a lecturer. Her pedagogical and creative practices are an integrated interdisciplinary response to basic questions of how built/designed environments affect and condition human perception, communication, learning, and socialization.



**Date:** Tuesday, October 6, 2020 and Tuesday, October 13, 2020

**Time:** 6:30 pm - 8:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online

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## MAKING MUSIC FOR FUN... IN THE FALL

Summer is long gone and it's time to get inspired with new music for the Fall! During your morning with Chris, she will engage you with new or renewed music experiences to add interest and fun to your child care programs. We will explore ways to enrich songs and speech with instruments, movement and yet to be discovered ideas. The workshop includes a handout with all materials covered and a USB flash drive recording for you to practice at home. Come ready to sing and play!

**Presenter:** Christine Roskelley is an ECE with over 35 years experience. She currently works as a self employed music enriched teach primary at UBC Child Care. Along with her work with children Chris teaches the music and movement course at both Burnaby and Delta Continuing Education.

**Date:** Saturday, October 17, 2020

**Time:** 9:30 am - 11:30 am

**Cost:** members \$10, non-members \$15

**Location:** Archway Community Services; Jasbir Saran Room (B100)

## PSYCHOLOGICAL FIRST AID

Psychological First Aid will familiarize participants with how a major or minor critical incident can affect individuals and communities as well as how to provide support using PFA. Built on the concept of human resilience, PFA can reduce symptoms of stress and assist in healthy recovery from a traumatic event. Participants will learn the theory behind PFA and the importance of collective and self-care in managing stress in pressure-fueled environments. With the goal of having a healthy work life and balance.

**Presenter:** Carolyn Sinclair is president of Strategic Business Risks International (SBRI) who deliver emergency management, public safety and psychological wellness education to government and private organizations and institutions. She enjoys customizing and delivering training to support frontline workers.

**Date:** Tuesday, October 27, 2020

**Time:** 7:00 pm - 9:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online

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## MAKING SPACE FOR OUTDOOR RISKY PLAY IN THE TIME OF COVID-19 AND BEYOND

Research is clear on the importance of regular and repeated access to outdoor risky play. During the COVID-19 outbreak, the importance of supporting children's play outdoors has become even more urgent as a means of infection control. This session will help you build the case about the need for outdoor risky play as well as get great ideas to make positive change in your work with children. Myths will be dispelled, truths revealed, and incredible opportunities for children to have new experiences introduced. Learn the key concepts that support outdoor play and how you can begin to incorporate these into your programs and plans. Lastly, hear about tools and educational resources, and what different groups across Canada are doing to support risky play.

**Presenter:** Dr. Mariana Brussoni is a developmental psychologist and Associate Professor in the Department of Pediatrics and the School of Population and Public Health at the UBC. She is an investigator with the BC Children's Hospital Research Institute and the British Columbia Injury Research & Prevention Unit. Mariana investigates child injury prevention and children's risky play, focusing on parent and caregiver perceptions of risk, and design of outdoor play-friendly environments. More details available at <https://brussonilab.ca>



**Date:** Tuesday, November 3, 2020

**Time:** 6:30 pm - 8:00 pm

**Cost:** members \$10, non-members \$15

**Location:** Online

## KIDS AT HOPE

If the first five years of a child's life sets the tone for the rest of their life, what happens when children are developing under stress? Kids at Hope is an invitation to better understand the complexities of early childhood development and how, as care providers, we can create barriers to reduce the impacts of stress and trauma which often present as challenging behaviours. This workshop will engage childcare providers in learning about research such as the Adverse Childhood Experiences Study (ACES) and the social determinants of health. We will identify opportunities for hope even when early life starts with challenges and develop tools that are within the scope of practice and capability of child care providers.

**Presenter:** Katelyn Moon is a proud early childhood educator who has been working in the ECE field since 2008. She is passionate about teaching children while honouring their uniqueness, individuality and developmental needs. Katelyn is an entrepreneur with an early learning program in Chilliwack which focuses on social learning, emotional intelligence, and outdoor learning. Katelyn enjoyed being a student as well as a teacher and is dedicated to her ongoing learning in leadership, licensing and teaching.

**Date:** Saturday, November 14, 2020

**Time:** 9:30 am - 12:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online



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## DEVELOPMENT, RED FLAGS AND DIFFICULT CONVERSATIONS PART 1 & 2

Participants will further explore developmental milestones and will learn how to identify red flags. Discuss and practice objective documentation and how to have those difficult conversations with families once a concern has been identified. Learn how to develop partnerships with families by exploring their priorities, values and background. This is a two part workshop. Please attend both evenings.

**Presenter:** Karen LeSage: I have 25 years of experience working with children and youth in child care and community settings. Throughout my career my focus has been on inclusion for all children. I am a licensed Early Childhood Educator, Infant/Toddler Educator and Special Needs Educator. I have worked as a Supported Child Development Consultant for the past 16 years. I am a certified 95 hour Children's Yoga Teacher and I've been trained in the Mindful Schools Curriculum.

**Date:** Tuesday, November 17 & 24, 2020

**Time:** 6:30 pm - 8:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online



## 20 HOUR RESPONSIBLE ADULT COURSE

This course was developed to meet the requirements for 20 hours of training for "Responsible Adult" as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of a degree).

**Presenters:** Lori Brown, Outreach, Abbotsford CCRR  
Violeta Savic, Child Care Consultant, Abbotsford CCRR  
Wanda Cole, Child Care Consultant, Abbotsford CCRR

**Dates:** November 24th, 25th & 26th

**Times:** 9:00 am – 4:00 pm

**Cost:** \$175 for community or \$90 for new Abbotsford CCRR RLNR's

**Location:** Archway Community Services - 2420 Montrose Ave. Room: Jasbir Saran Room (B100)

**\*\*REGISTRATION OPENS SEPTEMBER 16, 2020\*\***

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## EMERGENCY CHILD CARE FIRST AID/CPR LEVEL B

This 8-hour course includes obstructed airway procedures, breathing emergencies and CPR for babies, children and youth. The course also includes basic first aid for common injuries such as bleeding, burns, falls, fractures, poisons and some medical conditions etc. There is also a section on child safety. The Emergency Child Care First Aid course is recommended for child care workers and anyone living with children. This course also includes certification in Automated External Defibrillation (AED) use.

\*This course is offered twice per year with Abbotsford CCRR

**Instructor:** Karen Clark has been teaching first aid for 29 years and run The Vital Link for 27 years. I teach all of the Red Cross courses. My background is in Early Childhood Education, Special Needs and Under 3 Training.

**Date:** Saturday, November 28, 2020

**Time:** 9:00 am - 6:00 pm

**Cost:** \$100

**Location:** Archway Community Services; Jasbir Saran Room (B100)



## WHAT YOUNG CHILDREN NEED YOU TO KNOW

When we apply adult logic to young children it makes interacting with them more frustrating and tiring than it was ever meant to be. This workshop will look at commonly misunderstood behaviours including temper tantrums, resistance, defiance, frustration, impulsiveness, shyness, separation anxiety through the lens of attachment and developmental science and will focus on how we can guide children through it all by meeting their needs for connection and play. Content is applicable to children between the ages 1-7years.

**Presenter:** Bridgett Miller is a preschool and elementary teacher, remedial therapist, presenter, author and parent consultant. She is an Authorized Facilitator of the Neufeld Institute, the creator of the popular social media account @look.with.love.bridgett with Love on Facebook and Instagram, and the author of What Young Children Need You to Know: How to see them so you know what to do for them. For more information visit: [www.bridgettmiller.com](http://www.bridgettmiller.com).

**Date:** Tuesday, December 1st

**Time:** 6:30 pm – 8:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online

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## PROVDING CARE FOR CHILDREN FROM TWO HOME FAMILIES

In this workshop you will learn more about how to support children in two home families. We will dive into common challenges found in children from two home families. Insights around the impacts of separation and divorce on children. Strategies on how to navigate family restructuring, administration, transitions, changes, emotions, and home life conflict. We will explore ways in which child care providers can increase relationships between two home families. This presentation invites interactions, questions, or discussions on common dilemmas found when caring for children from two homes

**Presenter:** Jamila Nazerali Hilborn is a Registered Clinical Counsellor. She is a Child Specialist and Divorce/Co-Parenting Coach. She is a member of Collaborative Divorce Vancouver and specializes in Collaborative Divorce. She is the founder of Hilborn Psychotherapy which is located in North Vancouver and Vancouver and focuses on providing counselling services to children, youth and families. Her psychotherapy practice is rooted in separation/divorce, family blending, parenting skills, gender transitioning, disordered eating, and learning differences.

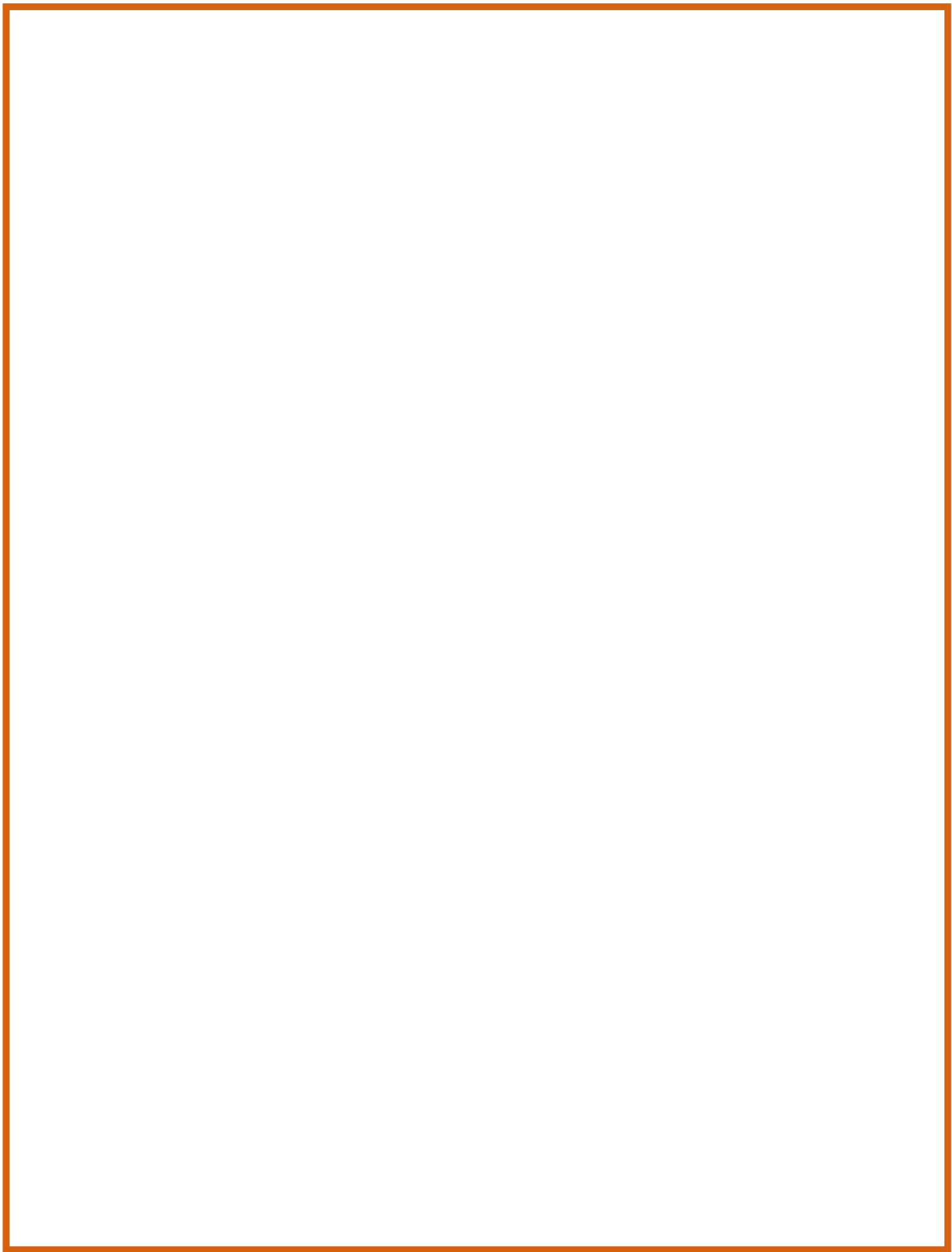
**Date:** Tuesday, December 8th

**Time:** 6:30 pm - 8:30 pm

**Cost:** members \$10, non-members \$15

**Location:** Online





**Abbotsford Child Care Resource & Referral Program**

Training Calendar

September - December 2020

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**[www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)**