

ABBOTSFORD CHILD CARE RESOURCE & REFERRAL PROGRAM



TRAINING CALENDAR September - December 2021

- Community of Practice - Licensed Family and Multi Age Child Care
- Multi-cultural Rhythm and Music Workshop. No music experience is required.
- Indigenous Awareness in the Early Years
- Risk-Taking in Play: It's too Dangerous not to!
- Process vs Product: The Beauty of doing Process Art with Children
- Kids Yoga and Mindfulness for Care Providers. Part 1 & 2
- Alert Emergency Childcare First Aid
- Creating Meaningful Experiences for Infants and Toddlers
- Coloring Outside the Lines
- Maachi Kashkihtow Mamawii - Learning Together - Sharing Métis Culture
- Teacher Tom Presents: Speaking with Children so they can Think
- Emergency Child Care First Aid
- Coaching Leaders. Part 1 & 2
- Supporting Children with Autism: The Inclusive Classroom
- Media R Us
- Connection & Separation: Building a Child's Capacity to Separate
- Alert Emergency Childcare First Aid
- Autism 101
- Multi-Age Curriculum, It's Possible
- 20 Hour Responsible Adult Course

Please Note:

- **Training certificates** will be issued via email within 5 business days of the workshop attended. To receive a certificate you must arrive on time, participate, stay for the entire session and have your video on (if online). If you have not received your certificate after 5 business days, please call us. If you require a copy of your certificate after 30 days of the workshop you will incur a \$10 reissuing charge.
- **Late Arrivals** of more than 15 minutes will not be admitted to the workshop.
- **Registration/Payment** - Prepayment is required for all workshops.
- **Online Registration** is available on our website (**www.abbotsfordccrr.ca**). When you register for workshops online it will keep a record of all your upcoming and past workshops.
- **In Person Registration** - Credit card payment can be taken over the phone. Debit and credit payments are taken in office.
- **Methods of payment** - Credit (Visa or MasterCard), debit, cash, or cheque (payable to Archway Community Services).
- **Workshop cancellations (regular workshops)** - Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we will issue a refund.
- **Course cancellations (First Aid and Responsible Adult)** - Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.
- **Workshop location (In Person)** - Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.
- **Workshop location (Online)** - Online workshops will be held via Zoom. You do not need to make an account for Zoom as we will send you a link to the workshop. You will need a laptop, computer or smart phone with access to internet, video and audio. We require your video to stay on for the entire workshop to receive your certificate.

Phone: 604-850-7934

Email: ccrr@archway.ca

Office Hours:

- Monday to Friday
- 8:30 am - 4:30 pm
- Tuesday
- 8:30 am - 7:00 pm
- Saturday
- 8:30 am - 3:30 pm

Cost:

\$10 Members, \$15 Non-members

CCRR Office:

#1B - 33820 South Fraser Way
Abbotsford, V2S 2C5

Archway Community Services:

2420 Montrose Ave.
Abbotsford, V2S 3S9

In Person Workshop and Courses COVID - 19 Precautions

What to expect when you arrive:

- Before admittance to class a self-assessment questionnaire will be done with a CCRR staff member.
- All participants/instructors must sanitize their hands upon entry to the building.
- We ask that you arrive no more than 15-minutes early.
- Masks are mandatory unless otherwise stated.
- CCRR and Archway will comply with all Public Health orders.

First Aid Course:

- All non-disposable equipment and mannequins used during the class will have been cleaned and sanitized prior to the student use according to manufactures directions.
- All surfaces in the classroom will have been cleaned prior to the start of each training session.
- All participants must maintain a physical distance of at least two meters from other people during training.
- In person training classes will be a limited number to accommodate classroom size and meet physical distancing requirements.
- Hand hygiene should be performed at the beginning and end of the class, before and after breaks, after use of the restroom, before and after skills practice sessions and when wearing gloves. Hand hygiene should also be done before putting on gloves and after removing them.
- Gloves will be worn during skill practice.
- Pocket masks will be used for mannequin use to avoid direct contact with the mannequin.
- 1 to 1 student to mannequin ratio will apply.
- **Please bring your own food and beverages for the day.**

Responsible Adult Course:

- In person training classes will be a limited number to accommodate classroom size and meet physical distancing requirements.
- Masks are mandatory unless otherwise stated.
- All surfaces in the classroom will have been cleaned prior to the start of each training session.
- All participants must maintain a physical distance of at least two meters from other people during training.
- Hand hygiene should be performed at the beginning and end of the class, before and after breaks and after use of the restroom.
- **Please bring your own food and beverages for the day.**

Community of Practice - Licensed Family and Multi Age Child Care

We offer a monthly networking opportunity for Licensed Family Child Care and Multi Age Child Care providers. This is an opportunity to support each other, find new ideas and create connections with other care providers. CCRR consultants will facilitate the group, offering ideas and resources, as well as giving opportunity to highlight specific challenges and opportunities in the field. This is a one hour virtual drop-in program. Monthly sign up is not necessary, just call or email CCRR to register.

Date: Saturdays: October 23, November 27 and December 18, 2021

Time: 10:30 am - 11:30 am

Cost: Free

Location: Online

Multi-Cultural Rhythm and Music Workshop. No music experience is required

What could be more universal than music to inspire and lead an early childhood activity?

Louise Raymond, the Artistic Director of Malicounda invites the Early Childhood Educators to participate in a unique Live Virtual Music & Rhythm Workshop using "home-grown" instruments: bucket, sticks, plastic bowls, jars/bags of rice or beans, spoons or your own drum. This session will provide educators with the necessary tools to facilitate a music circle using an innovative method created 25 years ago. Louise will demonstrate an approach to cognitive training helping children tap into their inner creativity, discovering the soothing impact of rhythm. Through this workshop, educators will acquire an additional educational technique that stimulates the artistic and intellectual creativity in children and reinforces cognitive development.

Presenter: For 30 years, as Artistic Director of Malicounda, Louise with all her love, has shared her passion and respect for this vital culture, touching the lives of thousands of people - Children, youth, adults, and elders - through rhythm. The company was awarded several grants from Arts Start in Vancouver, Foundation for the Arts in Alberta and Culture in Schools in Quebec. She is an inspiring presenter and a motivating facilitator in French, English or Spanish!

Date: Saturday September 11, 2021

Time: 9:30 am - 11:30 am

Cost: members \$10, non-members \$15

Location: Online



Indigenous Awareness in the Early Years

This workshop will take the participants on a journey of pre-contact, contact and today's realities for Indigenous people across Turtle Island. This journey will allow the participants to understand ways of life before contact, the challenges brought on by colonization with discussion on the Indian Act, residential school, 60's/millennial scoop and then ways to bring Indigenous people's resilience into our lives in an authentic way. This journey will be facilitated with respect and vulnerability. Come and ask all the questions you always had regarding Indigenous people.

Presenter: Anin Nitisinhkas Jade Brass nitonci The Key iskinokanir Treaty four. Coast Sallish Territory known as Vancouver ndidaa. I studied at Native Education College and have a diploma in Aboriginal Early Childhood Education. I am continuing my education at UBC to obtain my bachelor of Indigenous education. I am currently working at Uy'sqwalawun Headstart on Snaw-naw-as reserve, the centre facilitates Infant Toddler, 3-5 program and pre-k all in one building.

Date: Tuesday September 14, 2021

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Online

Risk-Taking in Play: It's too Dangerous not to!

Risk-taking provides some of life's most thrilling, empowering and educational experiences and is an innate part of children's play. Coming from a play-work perspective this interactive workshop will look at how our risk-averse society has impacted children and childhoods, including our own personal comfort levels. Through group exercises and discussion participants will take practical steps, including using a risk-benefit assessment tool, to identify where and how children in their care can test their physical and emotional limits, while reducing the likelihood or severity of harm.

Presenter: Sophie Cooper: I have 20 years' experience in child-directed free play and in play-work training for adults. I started out as a play ranger supporting inclusive play provision in South Wales and went on to co-develop and deliver a ground-breaking play-work development course for Play Wales: Play-work Principles into Practice'. I am a qualified play-worker and play-work trainer with a Forest School Level 1, a Masters Degree in Community Education and a Post-Graduate Diploma in Youth and Community Work. Sophie currently lives in North Vancouver.

Date: Saturday September 18, 2021

Time: 9:30 am - 12:30 pm

Cost: members \$10, non-members \$15

Location: Online



Process vs Product: The Beauty of doing Process Art with Children

We are going to take a look at our goals when we do art with children and the differences between Process Art and Product Art. We are going to brainstorm and look at a lot of different art ideas, art mediums and art experiences!

Presenter: After graduating in 1997 with her ECE, Alisha Inch has worked in many different areas in the ECE field from daycare, IT, special needs, preschool and being an ECE instructor. She also worked with children in Europe and when she came back to Canada she opened up her own preschool in Surrey, BC.



Date: Tuesday September 21, 2021

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave.

Kids Yoga and Mindfulness for Care Providers. Part 1 & 2

Come join us in this exciting two part workshop series offering hands-on activities to easily integrate yoga and mindfulness into your daycare setting, along with specialized programming and instructor support to learn tools, practice implementation, then receive support and feedback.

In Part One you will learn an Introduction to Kids Yoga & Mindfulness, Practices for Self Care for Care Providers and tools for breathing, warm up's and yoga poses. Care Providers will be given easy-to-implement practices to practice with children of all ages. In Part Two you will receive support and guidance based on the tools you have implemented, then learn a variety of Mindfulness Games, Peace Corner ideas, kids yoga and mindfulness resources and tips for leading guided relaxation time.

Children's yoga helps to develop essential tools such as self-regulation, a stronger mind-body connection, and introduces skills that help children to find a sense of inner-calm. These yoga tools are gifts that can transform the lives of the children that receive them. Each participant receives the Harmony Kids Yoga Guide for Care Providers with exercises and applications for daycare use.

Presenter: Jennie Abbot is the founder and director of Harmony Kids Yoga, bringing yoga and mindfulness to over ten thousand children to date, between the ages of 1 to 18 years throughout the lower mainland. Jennie is a Registered Yoga Teacher (CYA-RYT200), Registered Children's Yoga Teacher (CYA-CYT), and is trained in Color Me Yoga for Children, Rainbow Kids Yoga for Children, Trauma Informed Yoga for Children and Youth and offers 95 Hour Registered Yoga Teacher Training through the International Yoga Alliance.

Date: Saturday September 25, 2021 and Saturday October 16, 2021
(Must attend both part 1 and 2 to receive a certificate)

Time: 9:30 am - 11:30 am

Cost: members \$10, non-members \$15

Location: Online

Alert Emergency Childcare First Aid

This fun and interactive 8 hour course trains people how to react and improvise when dealing with time priority, life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Instructor: Austin Crystal has been working at Alert First Aid for 4+ years. He's a Canadian Red Cross First Aid and CPR Instructor, and a WorkSafeBC OFA Level 1 Instructor.

Dates: Saturday September 25, 2021

Times: 8:30 am - 4:30 pm

Cost: \$100

Location: Archway Community Services - 2420 Montrose Ave.

Creating Meaningful Experiences for Infants and Toddlers

Providing unique, sensory-based learning experiences for infants enhances their overall development. When exposed to experiences that engage all their senses, infants develop cognitively, creatively, emotionally and socially. In addition, when responsive caregivers interact with infants and scaffold this learning, we strengthen the caregiver-infant relationship. This workshop will provide insight into infants' unique sensory learning needs. Caregivers will learn why sensory exploration is so vital to infant development and they will learn fun, creative ways to provide rich experiences for infants.

Presenter: Andrea Dawson has worked with young children and their families for the past 20 years and has supervised in both non-profit and inclusive early childhood programs. Andrea worked as part of Vancouver Coastal Health's Early Childhood Mental Health team, focusing on supporting children with emotional and behavioural challenges and their families. Andrea currently teaches in the Early Childhood Education department at Langara College.



Date: Saturday October 2, 2021

Time: 9:30 am - 11:30 am

Cost: members \$10, non-members \$15

Location: Online

Coloring Outside the Lines

This literacy framed workshop will explore the concept that creativity is a bridge to learning and an important part of a young child's development. It is designed to share practical skills, tips, and resources for how early learning educators can engage children with open-ended process art activities to extend literacy concepts. Content includes:

- Discussing the differences between arts and crafts
- Exploring how art supports healthy child development
- Sharing how literacy and language skills are developed through art

Presenter: Nancy Trovell has a wide range of experience in facilitating workshops with a focus on sharing strategies, tool and resources to support those working with families and young children. She is the Program Coordinator at Bookmates, a Manitoba based not-for-profit with a mission to develop and deliver early years programs and training to build and support the foundations of literacy and learning.



Date: Tuesday October 5, 2021

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Online

Maachi Kashkihtow Mamawii - Learning Together - Sharing Métis Culture

Métis Nation British Columbia Ministry of Education presents a workshop in understanding, identifying, and supporting Métis children and culture in early years programming. Through an interactive workshop, facilitators will share information on Métis history and culture in Canada. Understanding who Métis are, and ways individuals can connect. Through cultural resources, facilitators will demonstrate how to incorporate cultural items into early years programs and activities, to ensure children learn more about the Métis culture. Métis children and families will begin to see themselves reflected in the programming provided within their community. Throughout the workshop participants and facilitators will encompass and reflect on the Métis core values while engaging in an interactive workshop that focuses on relationships, connectivity and collaboration of knowledge and learning.

Presenters: Lisa Lightening has been in the Early Childhood Education field for 30 years. She has managed and developed a number of Early learning programs for Indigenous communities throughout the north. Lisa has experience facilitating parenting programs, childcare focused workshops and creating workshops to meet the needs of the community she works in. Lisa has been working with Métis Nation British Columbia since February 2019, where she contributes her love of culture, early learning, and child development into each project/program.

Kim Hodgson is the Métis Family Connections Navigator for the Thompson & Nicola Regions. She is a proud Métis descendant of the Red River Settlement and Hodgson, Manitoba. Kim has extensive experience both as an educator in K-12 and as a volunteer and community leader for Métis Nation BC. She is passionate about Métis culture and committed to learning and sharing Métis traditional knowledge with children and families.

Date: Tuesday October 12, 2021

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Archway Community Services - 2420 Montrose Ave.

Teacher Tom Presents: Speaking with Children so they can Think

The language we use creates reality. We all know people who seem to be able to work "magic" with young children, motivating, inspiring, & building relationships with them without raising their voices, bossing them around, scolding, or threatening. Actually, there is nothing magical about it. Teacher Tom shares how the specific words we use shape reality for our students for both good and bad. Participants will learn about the importance of being clear & precise; honoring children without commanding or bossing them; using words to create a world of facts and intrinsic motivation; creating space in which children must do their own thinking.

Presenter: Tom "Teacher Tom" Hobson is an early childhood educator, international speaker, education consultant, teacher of teachers, parent educator, & author. He is known for Teacher Tom's Blog and two bestselling books. He shares his pedagogy via online e-courses for early childhood educators & parents; produces international ECE conferences (Teacher Tom's Play Summit); consults about his "Family Schools" program; and inspires early years audiences around the world. both virtually and in person.

Date: Tuesday October 19, 2021

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Online

Emergency Child Care First Aid

Emergency child care first aid course covers choking, breathing, CPR, AED, wound care, burns, head and spine, bone muscle and joint injuries, environmental illnesses, sudden medical emergencies, poisons and caring for children. Meets licensing requirements.

Instructor: Karen Clark: I've been teaching first aid for 30 years and run The Vital Link for 28 years, I teach all of the Red Cross First Aid courses and have taught locally, provincially and internationally. My background is in Early Childhood Education.



Date: Saturday October 23, 2021

Time: 9:00 am - 6:00 pm

Cost: \$110 (includes manual & pocket mask)

Location: Archway Community Services - 2420 Montrose Ave.

Coaching Leaders Part 1 & 2

"Coaching Leaders aims to empower early childhood program leaders in gaining confidence with their skillsets, improving the quality of their programs, and supporting positive relationships with families and staff". This 2-part workshop is for family and in-home childcare providers, created and delivered by Licensing Officers.

Presenter: Presenters are local Licensing Officers in the Abbotsford office with a background in Child Care.



Date: Tuesday November 2, 2021 and Tuesday November 9, 2021
(Must attend both part 1 and 2 to receive a certificate)

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Online

Supporting Children with Autism: The Inclusive Classroom

Children with autism bring many joys to our classrooms. However, they may require accommodations, modifications, and supports that differ from neurotypical children in order to best experience and share these joys. Often these children receive a support person. However, the children who are waiting for assessment are left struggling without formal supports while educators try their best to fill in the gaps. In cases where there is a support person in place, the divide in knowledge and roles between "the support person" and "the educators" leads to a divide amongst children and care. This workshop will give educators the foundational knowledge of an autism diagnosis, the implications for social emotional learning, and insight how to best support children on the spectrum in an inclusive manner. Topics covered: autism, routines, functions of behaviour, sensory processing, positive language, and AAC.

Presenter: Monica Maddison is a private behaviour consultant with Bloom Behaviour. With 12 years of experience supporting children with autism and their families, she strives for education, advocacy, and inclusion. Monica's support extends from clinic, home, school, and daycare.

Date: Saturday November 6, 2021

Time: 9:30 am - 11:30 am

Cost: members \$10, non-members \$15

Location: Online

Media R Us

Media R Us is a crash course in the most recent research on screen media and young children. It provides a look at the role media plays in development, socialization, identity and imagination of young children and aims to create awareness and opportunities for educators to make choices that will enhance critical media education skills, even in the youngest viewers.

Presenter: Kym Stewart holds a PhD in Education and an M.A in Communications from Simon Fraser University. Her PhD thesis explores her decades of media research, including various projects looking at children's media culture and media education practices. Her M.A. also explored youth media culture and is one of the earliest explorations of South Korea's youth gaming.



Date: Saturday November 20, 2021

Time: 9:30 am - 11:30 am

Cost: members \$10, non-members \$15

Location: Online

Connection & Separation: Building a Child's Capacity to Separate

This workshop focuses on developing a strong understanding of what happens inside our little people when they are facing separation from a parent or caregiver. We discuss at length the attachment & alarm systems (anxiety), and provide numerous strategies that help make transitions and separating go smoothly. The skills presented in this workshop will enable parents and caregivers to respond effectively to the attachment needs of their children across multiple situations, as well as assist early educators in providing a comforting, nurturing environment for children to be received into.

Presenter: Shannon McGeehan has 18 years of experience, working alongside children and families in the areas of social work, outreach and consulting, group facilitation and individual therapy, all within MCFD. Her workshops focus on the most widely experienced emotional issues of children. In addition to a Masters of Education in Counselling Psychology, Shannon's passion for helping others and her myriad of experience, all contribute to informing her approach, and guide her toward helping parents and educators in a gentle, authentic way.

Date: Tuesday November 23, 2021

Time: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Online

Alert Emergency Childcare First Aid

This fun and interactive 8 hour course trains people how to react and improvise when dealing with time priority, life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (Level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid, and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

Instructor: Austin Crystal has been working at Alert First Aid for 4+ years. He's a Canadian Red Cross First Aid and CPR Instructor, and a WorkSafeBC OFA Level 1 Instructor.



Dates: Saturday November 27, 2021

Times: 8:30 am - 4:30 pm

Cost: \$100

Location: Archway Community Services - 2420 Montrose Ave.

Autism 101

What exactly does the word Autism mean to you? Do you know someone who is Autistic? If not, does the word frighten you? It neither predicts nor limits how successful a child will become. Basically, Autism refers how a person's brain and nervous system interact with their environment. Come and learn how an autistic neurology may impact an individual and their family.

Presenter: Pam Collins is the very proud parent of two neurodivergent young adult sons! She is an Autism/Neurodiversity Support Specialist and Educator for Reach Child and Youth Development Society. She is a co-funder of the Richmond Autism Interagency Committee - a group dedicated to increasing opportunities for people with autism to be accepted and celebrated in their communities.



Date: Saturday December 4, 2021

Time: 9:30 am - 12:30 pm

Cost: members \$10, non-members \$15

Location: Online

Multi-Age Curriculum, it's Possible

Many child care providers work with mixed-age groups that include children of many different ages. It can be difficult to plan child care curriculum that is appropriate (and safe) for infants through school-age. Are you looking for new ideas? This workshop will help you plan a curriculum for a multi-age group that includes creativity and curiosity while supporting a child's imagination.

Presenter: Vicki Lepper operated a licensed child care in Coquitlam for over 30 years and is a passionate child care advocate, was a board member for BC Family Child Care Association, presents her own workshops, is a "Good Beginnings: Professional Development for Child Care Providers" - Facilitator for BCFCCA, a member of the Tri-Cities ECD Committee and networks with child care providers. Vicki received many awards, and loves connecting and sharing resources with those who have chosen a career working with children and families.

Dates: Tuesday December 7, 2021

Times: 6:30 pm - 8:30 pm

Cost: members \$10, non-members \$15

Location: Online

20 Hour Responsible Adult Course

This course was developed to meet the requirements for 20 hours of training for "Responsible Adult" as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of an ECE Certificate).

Instructors: Lori Brown, Wanda Cole and Cathy LaHaise, Child Care Consultants Abbotsford CCRR



Dates: Tuesday December 7, Wednesday December 8 and Thursday December 9, 2021

Times: 9:00 am – 4:00 pm

Cost: \$75 for community or \$50 for new Abbotsford CCRR RLNR's

Location: Archway Community Services - 2420 Montrose Ave.

Abbotsford Child Care Resource & Referral Program

Training Calendar

September - December 2021

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www.abbotsfordccrr.ca