

**Abbotsford**

# CHILD CARE RESOURCE & REFERRAL

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**Training Calendar**

**April - June 2024**



**April - June 2024**

# PLEASE NOTE

## **Training certificates**

Training certificates will be issued via email within 5 business days of the workshop attended. **To receive a certificate you must arrive on time, participate, stay for the entire session and have your video on (if online).** If you have not received your certificate after 5 business days, please call us. If you require a copy of your certificate after 30 days of the workshop you will incur a \$10 reissuing charge.

## **Late Arrivals**

Late arrivals of more than 15 minutes will not be admitted to the workshop.

## **Registration/Payment**

Prepayment is required for all workshops.

## **Online Registration**

Online registration is available on our website ([www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)). When you register for workshops online it will keep a record of all your upcoming and past workshops.

## **In Person Registration**

Credit card payment can be taken over the phone. Debit and credit payments are taken in office.

## **Methods of payment**

Credit (Visa or MasterCard), debit, cash, or cheque (payable to Archway Community Services).

## **Workshop cancellations (regular workshops)**

Registrants can cancel up until **two full business days** prior to the scheduled workshop date. Cancellations received before the deadline will be given a workshop credit (not a refund) to be used towards future workshops at Abbotsford CCRR. Workshop credits are valid for one year from the date of the cancelled workshop. Due to unforeseen circumstances, workshops may be subject to change or cancellation, in this case we will issue a refund.

## **Course cancellations (First Aid and Responsible Adult)**

Registrants must cancel **one week (5 business days)** prior to the course/class start date in order to receive a refund. The original receipt must be provided at the time of refund.

## **Workshop location (In Person)**

Workshops will be held at Archway Community Services in the Jasbir Saran Room (B100), unless otherwise stated.

## **Workshop location (Online)**

Online workshops will be held via Zoom. You do not need to make an account for Zoom, as we will send you a link to the workshop. You will need a laptop, computer or smart phone with access to internet, video and audio. **We require your video to stay on for the entire workshop to receive your certificate.**

### **Phone**

604-850-7934

### **Email**

[ccrr@archway.ca](mailto:ccrr@archway.ca)

### **Cost**

\$15 Members, \$20 Non-Members

### **CCRR Office**

#102 - 2469 Montrose Avenue

Abbotsford, BC V2S 3T2

### **Archway Community Services**

2420 Montrose Ave.

Abbotsford, BC V2S 3S9

## Workshop 1

# HOW OUTDOOR EDUCATION PROMOTES THE LIVING INQUIRIES OF THE ELF

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Outdoor education seamlessly promotes the ELF's Living Inquiries. We'll walk with each other through each of the Living Inquiries to break down how outdoor education fits into them. Real life stories and photos will be shared throughout the presentation and conversation is encouraged!

**Presenter:** Belva Stone has been working with children for 25 years. For 12 of those, she has been a certified ECE educator and for the last 9 years she's been an outdoor educator in Vancouver BC. Belva owns and operates Muddy Boot Prints, an unlicensed early learning outdoor program that works out of multiple parks within Vancouver. She also sits on the Child and Nature Advisory Board that is working towards getting outdoor education licensed in BC.

**Date:** Tuesday April 9, 2024

**Time:** 6:30 pm - 8:30 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom





## Workshop 2

# “AANSAAMB AEN KISKAYHTAAMUK - LEARNING TOGETHER”

“Aansaambaenkiskayhtaamuk - Learning Together”(Heritage Michif, translated by Norman Fleury) is a learning guide with accompanying resources developed by the MNBC Ministry of Education. These resources are intended to support both Métis and non-Métis early learning and child care professionals to integrate Métis content and pedagogy into their work with young children. Our intent is to promote learning environments in which Métis culture is recognized and celebrated.

**Presenter:** Farzaneh Sani has been in Early Childhood Education (ECE) and Infant and Toddler (IT) field for the last 23 years. She earned her ECE and IT certification from Douglas College. Her career began with teaching and supervising ECE students during their practicums at different colleges. For the past five years, Farzaneh worked for North Shore Child Care Resource and Referral (CCRR) team. She helped child care providers, families, and the community in North Shore. She also worked with local Municipalities to assist potential child care providers in opening facilities and answering their questions. Recently, Farzaneh joined MNBC (Métis Nation British Columbia) as a Child Care Coordinator. In her new role, she conducts workshops in the Lower Mainland and helps Métis citizens apply for the MCCB (Métis Child Care Benefit) and support the child care providers enrolled in the program.

**Date:** Saturday April 13, 2024

**Time:** 9:00 am - 3:00 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.





### Workshop 3

# YOGA FOR EARLY CHILDHOOD CLASSROOMS

Participants will be introduced to the concept of children's yoga and explore the benefits of yoga for young learners. Learn how you can teach the 8 limbs of yoga to children and the ways in which you can bring yoga and mindfulness into your early learning environments through movement, music, art, sensory experiences and games. "yogified" learning centres will be set up for participants to explore. Participants will learn how to navigate challenges that may arise when teaching yoga. How to adapt movement, breathwork and mindfulness practices to suit every learners needs.

**Presenter:** Karen LeSage has over 25 years of experience working with children and families in childcare and community settings. She is passionate about creating a space where all people are welcome. She is a licensed ECE, IT and Special Needs Educator. She is a registered 200-hour Yoga Teacher, a 95-hour Children's Yoga Teacher, a certified Prenatal Yoga Teacher and is trained in the Mindful Schools Curriculum. She uses yoga, mindfulness and gratitude practices as a platform to help people connect with themselves and others and find their place in the world.

**Date:** Saturday April 20, 2024

**Time:** 9:30 am - 2:00 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



## Workshop 4

# MEANINGFUL PARTICIPATION IN ECE SETTINGS

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This workshop looks at ways to engage in inclusive practice, looking at the Universal Design for Learning, and ways to create an environment where everyone can meaningfully participate in equitable ways. The goal of the workshop is to find ways to create an inclusive practice and dive into what inclusion means in an ECE context.

**Presenter:** Ashleigh Davies is an early childhood educator with her bachelors in ECCE and has worked with children in a variety of roles over the last decade. Ashleigh has worked as a post-secondary instructor, leading ECE post-basic courses, and currently is the CAPC Coordinator and Parent Community Liaison with North Shore Community Resources and leads community of practices with her local CCRR. Ashleigh presents her workshops throughout Canada, bringing her passion for ECE into every session.

**Date:** Tuesday April 23, 2024

**Time:** 6:30 pm - 8:30 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

## Workshop 5

# ALERT EMERGENCY CHILDCARE FIRST AID CPR/AED LEVEL C

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This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Presenter:** Austin Crystal has been working at Alert First-Aid for 6+ years. Canadian Red Cross First-Aid & CPR instructor, and a WorkSafeBC OFA Level 1 Instructor.

**Date:** Saturday April 27, 2024

**Time:** 8:30 am - 4:30 pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

## Workshop 6

# UNDERSTANDING AND IMPLEMENTING THE FOREST SCHOOL APPROACH IN THE EARLY YEARS

In this workshop, educators will learn about strategies to implement and develop the knowledge of forest schools' approach within the early learning setting. This workshop is based on award-winning research from Sheridan College, conducted by the facilitator about Forest School philosophy. In this workshop, educators will also think about different factors impacting ECE's professional practice in implementing the forest school approach. This workshop can be helpful for educators as it will support them with knowledge about the benefits of embracing a Nature-based perspective through real-life examples and discussion. The facilitator is located in ON, Canada.

**Presenter:** Lobna Ajaini is an accomplished Early Childhood Leader, holding an Honours Bachelor of Early Childhood Leadership Degree and an Early Childhood Education Diploma. Currently pursuing a Master's in Professional Education ECE at Western University, she has received multiple awards, including the 2022 Honours Bachelor of Early Childhood Research Award. Lobna is the founder of Childhood Empowerment, which supports early childhood educators. She works as a site Director and is dedicated to DEI, humanitarian, and environmental initiatives, drawing from her engineering background for creativity and innovation. She values lifelong learning and empowering educators, children, and families through workshops.

**Date:** Saturday May 4, 2024

**Time:** 10:00 am - 12:00 pm

**Cost:** members \$15, non-members \$20

**Location:** Online via Zoom





## Workshop 7

# THERE'S NO APP FOR THAT

This professional development training focuses on early literacy inspired strategies to help caregivers and professionals manage screen time use – both in their own lives, as well as in the lives of the children around them. Highlights include:

- What neuroscience says about the effects of screen time on brain development in childhood
- The impact of screen time on language and literacy skills development
- Behavioral repercussions of increased screen time exposure – including biologically compelled responses as well as social-emotional and physical development delays
- The importance of adult role modelling in regard to positive screen time use
- Specific strategies and suggestions to effectively manage screen time use in a family literacy context
- Provision of a suggested book list that incorporates screen time themes and encourages discussion of related topics between caregiver and child.

**Presenter:** This workshop will be presented by a Bookmates Facilitator. Bookmates is a non-profit organization based in Winnipeg with over 40 years' experience in supporting early learning educators. Bookmates stays current with emerging research and themes related to healthy child development and uses a literacy lens to share strategies, information, resources and practical experiences.

**Date:** Tuesday May 7, 2024

**Time:** 6:30 pm - 8:30 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

## Workshop 8

# QUALITY OUT OF SCHOOL PROGRAMS

- In this session learn about:
  - Quality Out of School programs & the REiL model
  - Integrating the building blocks - Rapport, Engagement, Imagination & creativity, and Learners into practice
  - Benefits of out of school care learning approaches
  - Co-creating learning in challenging situations
  - Discussion of relevant case scenarios

**Presenter:** Katy Bigsby is the founder of REiL Learning, an educational consultancy that supports organizations integrate social emotional learning and build creative ways to engage all learners. Katy holds a master's degree in educational leadership, specializing in adult education and brings a wealth of experience as a teacher, counsellor, and adult educator.

**Date:** Saturday May 11, 2024

**Time:** 9:30 am - 11:30 am

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

## Workshop 9

# PLAY WITH PURPOSE

Play is one of the most important and impactful ways children learn. In this presentation, we will explore a variety of skills that can develop through play, the different types and stages of play, as well as working through those tricky moments when conflict arises during play. By the end of this presentation, you'll have a better understanding and appreciation for play, and more playful tools that you can incorporate into your classroom!

**Presenter:** Lisa Kaldenbach works as a registered Psychologist in Alberta, and clinical counsellor in British Columbia. She has spent the last ten years working in a variety of child-based settings. She is passionate about supporting families, educators and caregivers who are experiencing a variety of challenges through a family-centered, attachment-focused and play-based lens.

**Date:** Tuesday May 14, 2024

**Time:** 6:30 pm - 8:30 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



## Workshop 10

# ALERT EMERGENCY CHILDCARE FIRST AID CPR/AED LEVEL C

This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Presenter:** Austin Crystal has been working at Alert First-Aid for 6+ years. Canadian Red Cross First-Aid & CPR instructor, and a WorkSafeBC OFA Level 1 Instructor.

**Date:** Saturday May 25, 2024

**Time:** 8:30 am - 4:30 pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.

## Workshop 11

# BUILDING AND MAINTAINING PSYCHOLOGICAL WELLNESS DURING CHALLENGING TIMES

This session will discuss the importance of self-awareness and proactive and mental health and wellness. The group will discuss challenges and barriers to building and maintaining a healthy work, life balance during challenging times. Understanding how our minds and bodies respond to stress can assist in applying effective strategies that support caring for oneself as well as others.

**Presenter:** Carolyn Sinclair, I started my company, Strategic Business Risks Inc. (SBRI) 24 years ago. One of the services SBRI delivers is customized training and resources for responding to critical incidents, emergencies and disaster response and recovery. For more than 25 years I have been an instructor with the Justice Institute teaching in the Emergency Management Division as well as the Centre for Counselling and Community Safety.

**Date:** Tuesday May 28, 2024

**Time:** 6:30 pm - 8:30 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



## Workshop 12

# USING VISUAL SUPPORTS WITH SPECIAL NEEDS CHILDREN IN EARLY YEARS SETTINGS

This highly practical workshop is designed to empower educators with the knowledge and tools to enhance the learning experience for special needs children in early years settings. In this workshop, we will explore the profound impact of visual supports on building authentic connections to others and on learning.

**Presenter:** Farrah Rahim and Andrea Rizzuto are the Speech-Language Pathologists behind Playground Connections. Farrah and Andrea have years of experience working in multi-disciplinary clinics and educational settings including one of the largest and most diverse school boards in the country, which have given them exceptional experience in all areas of pediatric speech language pathology. They have hosted a wide variety of teacher and parent training workshops on a range of topics related to speech and language issues across Canada. Playground Connections takes great pleasure in working collaboratively with educators, children and their families, and in working towards helping children become effective communicators. Playground Connections proudly offers parent workshops, staff training, curriculum development by experienced, registered Speech Language Pathologists who think outside the “sandbox”.

**Date:** Tuesday June 4, 2024

**Time:** 6:00 pm - 8:00 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



## Workshop 13

# “SUPPORTING CHILDREN WITH DEVELOPMENTAL NEEDS”

Research says that early intervention is beneficial for a child's development, overcoming challenges and increasing a child's success in school and life. Identifying and providing effective early support to children is one of the roles of early childhood educators. This workshop will discuss what developmental delay/disorders are, help identify early warning signs, provide strategies for success as well as for developing effective working relationships with parents. It will also include ideas on making connections and building strong relationships with other community services and childcare programs available for families.

**Presenter:** Malgosia Tomanik, M.Ed., is a Family Consultant who specializes in supporting children from preschool to high school age and their parents/caregivers in a variety of environments, including homes, school, and childcare settings. Malgosia is experienced in addressing concerns associated with the daily challenges of caring for a child/youth who requires support, helping to make sense of difficult behavior and supporting adults for each child in finding a way through.

**Date:** Saturday June 8, 2024

**Time:** 9:30 am - 11:30 am

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom

## Workshop 14

# 20 HOUR RESPONSIBLE ADULT COURSE

This course was developed to meet the requirements for 20 hours of training for “Responsible Adult” as stipulated by Child Care Licensing Regulation. Through interactive sessions, it covers basic concepts about child development from birth to 12 years of age, child guidance, health, safety, nutrition and programming. Participants must be at least 19 years old to register, attend all sessions, and pass all open book quizzes with a satisfactory mark in order to receive a certificate of completion. The workbook is included in the course fee. This is a non-credit course (cannot be applied towards the completion of an ECE Certificate).

**Instructors:** Lori Brown, Wanda Cole & Christine Kopp - Child Care Consultants at Abbotsford CCRR

**Date:** Wednesday June 12th, Thursday June 13th & Friday June 14th, 2024

**\* MUST ATTEND ALL THREE DAYS FOR CERTIFICATE**

**Time:** 9:00 am - 4:00 pm

**Cost:** \$75

**Location:** Archway Community Services | Board Room | 2420 Montrose Ave.

## Workshop 15

# USING INDIGENOUS RESOURCES IN YOUR CENTRE: MOTHER EARTH BAG

The workshop will have key learning outcomes, teachings, and methods to support Indigenous children and/or their families. The presentation will provide participants with a sense of knowledge, skills, and strategies to share the cultural kits in their classrooms.

**Presenter:** Brenda Redden is from ?Esdilagh First Nation in the Chilcotin Territory. She is the coordinator for Many Voices, One Mind and have worked in the Early Years field since 1993. With a deep passion for Early Years education and a strong commitment to honoring the traditions of Indigenous culture, my job has helped me blend these two worlds. Over the years I have had the privilege of creating an inclusive and culturally rich environment in the classroom.

**Date:** Saturday June 15th, 2024

**Time:** 9:30 am - 12:00 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.





## Workshop 16

# ALERT EMERGENCY CHILDCARE FIRST AID CPR/AED LEVEL C

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This fun and interactive 8 hour course trains people how to react and improvise when dealing with life threatening emergencies. This course includes initial assessment, disease prevention, secondary survey, airway obstruction, adult, child and infant CPR and AED (level C). Recognition and first-aid treatment for head and spine injuries, shock, burns, bleeding, seizures, broken bones, anaphylactic shock, small wound management, poisoning, heat exhaustion and heat stroke will also be addressed. Participants spend the majority of the course doing hands on first-aid and participating in first-aid scenarios. By practicing with scenarios students gain confidence, learn to improvise, and react in emergency situations. This course meets Child Licensing guidelines.

**Presenter:** Austin Crystal has been working at Alert First-Aid for 6+ years. Canadian Red Cross First-Aid & CPR instructor, and a WorkSafeBC OFA Level 1 Instructor.

**Date:** Saturday June 22, 2024

**Time:** 8:30 am - 4:30 pm

**Cost:** \$100

**Location:** Archway Community Services | Jasbir Saran Room (100B) | 2420 Montrose Ave.



## Workshop 17

# PROFESSIONALISM AND PARTNERING WITH FAMILIES

As child care providers we are often the parents first line of information about child development, behaviours, and community resources. As well, we are sometimes a sounding board for the stresses they feel in their lives.

In this workshop we will look at who are the parents of the children we care for, how we get to know them and the power of good old fashioned conversation. Through understanding of culture, we will be better able to work with each child and their families.

We will also look at how to maintain your professionalism from the time you have first contact on the telephone to the final day of attendance of the child at your centre.

**Presenter:** Vicki Lepper was providing licensed family child care in Coquitlam from 1989 to 2018, she is a passionate child care advocate and has received many awards. Vicki presents many workshops for CCRR's across the Province and at ECE conferences. Vicki is a Facilitator for BC Family Child Care Association (Responsible Adult and Good Beginning's- Professional Development for Child Care Providers) and was on the board of BCFFCA. Vicki believes in sharing her knowledge with those who have chosen a career working with children.

**Date:** Tuesday June 25, 2024

**Time:** 6:30 pm - 8:30 pm

**Cost:** Members \$15, Non-Members \$20

**Location:** Online via Zoom



Abbotsford Child Care Resource & Referral Program  
Training Calendar

April - June 2024

[www.abbotsfordccrr.ca](http://www.abbotsfordccrr.ca)

